



FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 01:

PRINCIPLES AND APPLICATIONS OF UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC)

- This course is based heavily on the United States Defense Health Agency, Joint Trauma System, Tactical Combat Casualty Care (TCCC), Combat Lifesavers Course.
- Adjustments have been made to comply with United Nations Policy.











FIELD MEDICAL ASSISTANTS COURSE (FMAC)

Changes between TCCC and UN FMAC

- The UN equivalent to Tactical Combat Casualty Care (TCCC) = United Nations Tactical Combat Casualty Care (UN TCCC)
- The UN equivalent to TCCC Combat Lifesaver = Field Medical Assistant (FMA)
- The UN equivalent to the TCCC 9-Liner Medical Evacuation = UN Evacuation 4 Liner
- The UN equivalent to TCCC DD Form 1380 = UN Casualty Card
- The UN equivalent to TCCC CASEVAC (MEDEVAC & TACEVAC) = UN CASEVAC
- The UN equivalent to TCCC Joint First Aid Kit (JFAK) = Buddy First Aid Kit (BFAK)
- The UN equivalent to TCCC Combat Lifesaver Bag (CLS Bag) = UN Trauma Pack (UNTP)
- The UN equivalent to TCCC Combat / Combatant = <u>Peacekeeping / Peacekeeper</u>
- The UN equivalent to TCCC Combat Wound Medication Pack (CWMP) = Wound Medication Pack (WMP)





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





PRINCIPLES AND APPLICATIONS OF UN TCCC TERMINAL LEARNING OBJECTIVES

TO1 Given a combat peacekeeping or non-combat peacekeeping scenario, perform UN TCCC

EO1 Demonstrate the application of UN TCCC skills in a combat peacekeeping or non-combat peacekeeping scenario (Comprehensive Module Practical Exercise)

TO2 Describe the practice of UN TCCC

EO2 Identify the leading causes of preventable death due to traumatic injuries, and the corresponding interventions to help increase chances of survival

EO3 Describe the UN TCCC Phases of Care, and how intervention priorities differ in each phase

EO4 Describe the application of UN TCCC in combat peacekeeping or non-combat peacekeeping settings across different environments

EO5 Describe the role and responsibilities of a nonmedical **UN** member in rendering UN TCCC care

EO6 Identify the key factors influencing UN TCCC

EO7 Identify the importance of UN TCCC training

EO8 Identify three objectives (or goals) of UN TCCC





UN MANDATE FOR STANDARDIZED TRAINING

- Standardizes Field Medical Aid for all members
- Covers the use of standardized trauma training platforms





TCCC ONLINE RESOURCES

TCCC training and education resource is available at: www.deployedmedicine.com

It contains:

- Videos, podcasts, and resources
- Downloadable Clinical Practice Guidelines (CPGs)





COURSE CONTENTS WHAT THIS COURSE CONTAINS

- Principles and Applications of UN TCCC
- Medical Equipment
- Care Under Fire
- Principles and Application of Tactical Field Care
- Tactical Trauma Assessment
- Massive Hemorrhage Control
- Airway Management
- Respiration Assessment and Management
- Circulation/Hemorrhage Control
- Shock Recognition

- Hypothermia Prevention
- Head Injuries
- Eye Injuries
- Analgesics and Antibiotics
- Wound Management
- Burn Treatment
- Fractures
- Casualty Monitoring
- Pre-evacuation Procedures
- Evacuation Procedures





PRINCIPLES AND APPLICATIONS OF UN TCCC

Video can be found at: www.deployedmedicine.com





PRINCIPLES AND APPLICATIONS OF UN TCCC ROLES AND RESPONSIBILITIES OF THE FIELD MEDICAL ASSISTANT (FMA)

In a Care Under Fire situation the FMA:

 Must respond to suppression of hostile fire to minimize the risk of injury to personnel and minimize additional injury to previously injured UN members

In Tactical Field Care the FMAs:

 Must maintain security and situational awareness while continuing to tend to casualties and prepare for evacuation





PRINCIPLES AND APPLICATIONS OF UN TCCC ROLES AND RESPONSIBILITIES OF FMA

First Responder Care (Role 1)

The first medical care that UN personnel receive is provided at Role 1 (also referred to as unit-level medical care or self-aid, buddy aid, combat lifesaver, and/or medic care). This role of care includes:

 Immediate lifesaving measures and treatment for disease and non-battle injury (DNBI) or degradation of functional capability sustained by personnel and caused by factors other than those directly attributed to combat action





PRINCIPLES AND APPLICATIONS OF UN TCCC THE KEY FACTORS INFLUENCING UN TCCC

- Hostile fire
- Tactical considerations
- Environmental considerations
- Wounding patterns
- Equipment constraints
- Delays in reaching higher levels of care
- Level of first responder training and experience





PRINCIPLES AND APPLICATIONS OF UN TCCC IMPORTANCE OF UN TCCC TRAINING

UN TCCC focuses on identifying and treating the causes of preventable death on the battlefield



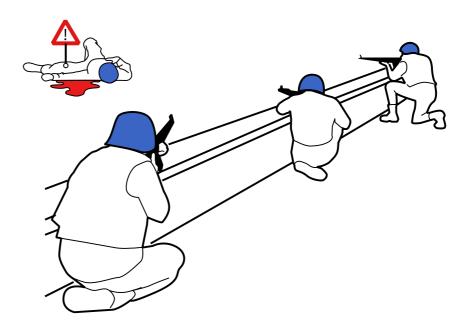
- Bleeding from arm and leg injuries
- Junctional bleeding where an arm or leg joins the torso such as the groin
- Noncompressible bleeding such as a gunshot wound to the abdomen
- Tension pneumothorax (air trapped in the chest that prevents breathing and circulation)
- Airway problems





PRINCIPLES AND APPLICATIONS OF UN TCCC THREE GOALS OF UN TCCC

- Treat the casualty
- Prevent additional casualties
- Complete the mission







ENTER PEACEKEEPING OPERATIONS





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment

More deliberate assessment and treatment of unrecognized life-threatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





PHASE 1: CARE UNDER FIRE

RETURN FIRE AND TAKE COVER

 Never attempt to rescue a casualty until hostile fire is suppressed DIRECT CASUALTY TO REMAIN ENGAGED

APPLY SELF-AID AND MOVE TO COVER (if able)

GAIN FIRE SUPERIORITY

MOVE TO CASUALTY

(if casualty is unable to move to cover)

 Using available resources, ensure scene safety





PHASE 1: CARE UNDER FIRE

APPLY TOURNIQUET TO CONTROL LIFE-THREATENING BLEEDING

For life-threatening bleeding, place a tourniquet "high and tight" above the wound CONTINUE TO MAINTAIN FIRE SUPERIORITY

MOVE CASUALTY



IMPORTANT CONSIDERATIONS:

Continuously assess risks and make a plan before moving a casualty





TACTICAL FIELD CARE

DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / **H**EAD INJURIES





PHASE 2: OTHER CONSIDERATIONS OF TACTICAL FIELD CARE

TFC

- The casualty and the person rendering care are not under direct fire
- Intervention priorities should follow MARCH PAWS

LIMITED SUPPLIES

 Medical equipment and supplies awareness are limited to what is carried into the field by the FMA and the individual Service member

REMEMBER:

- Always use the casualty's Buddy First Aid Kit (BFAK) first
- TFC can turn into a CUF situation unexpectedly
- Personnel should maintain their situational awareness





PHASE 3: TACTICAL EVACUATION CARE

CASUALTY MONITORING

Continue to reassess and monitor casualty

PRE-EVAC PROCEDURES

Complete Casualty Card

EVAC REQUEST

Use UN Evacuation 4 Liner

COMPLETE REPORT

- Mechanism of injury
- Injuries
- Symptoms
- Treatment

CASUALTY PREP

- Prep Litter
- Prep Evac Equipment
- Pack Casualty
- Secure Items

(4 Line Format)

Line	UN CASEVAC 4-LINE ALERT MESSAGE			
	DTG:			
2	LOCATION AND CALL SIGN	PLACE NAME / DESCRIPTION	A	
		GPS GRID REFERENCE	В	
		CALL SIGN OF INCIDENT SITE COMMANDER	С	
2	INCIDENT DETAILS	WHAT HAS HAPPENED? (Shooting, road accident, explosion etc).	D	
		HOW MANY CASUALTIES ARE THERE?	E	
3	ACTIONS BEING TAKEN AT SCENE	TREATMENT BEING GIVEN AND PREPERATIONS FOR EVACUATION		
4	RESOURCES REQUIRED AT SCENE TO TREAT AND EVACUATE PATIENT	GROUND AMBULANCE, AIR EVACUATION, AMET		





IN SUMMARY

GOALS

Treat the casualty

Prevent additional casualties

Complete the mission

Three PHASES of UN TCCC

1 CUF

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

2 TFC

3 TEC

COVER AND CONCEALMENT

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment

More deliberate assessment and treatment of unrecognized life-threatening injuries:

- Pre-evacuation procedures
- Continuation of documentation





CHECK ON LEARNING

- What factors influence UN TCCC?
- What are the phases of care in UN TCCC?
- What is the most essential treatment task in CUF?
- What is every first responder's role in CUF?
- What does MARCH PAWS stand for?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 02: MEDICAL EQUIPMENT





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

TO3 Describe the use of individual medical equipment components in accordance with UN TCCC Guidelines

EO9 Describe the use of a first aid kit in accordance with **UN** policy.

EO10 Identify the contents of an individual Buddy First Aid Kit (BFAK), and/or other UN specific first aid kits. **EO11** Describe the general maintenance and resupply procedures for trauma materials in a first aid kit in accordance with UN guidelines.

EO12 Identify the contents of a UN Trauma Pack (UNTP), and/or other UN specific first aid kits.

EO13 Describe the use of the components of a UN Trauma Pack (UNTP) in accordance with UN policy





MEDICAL EQUIPMENT MEDICAL SUPPLIES

WHAT YOU WILL NEED TO PROVIDE AID AND SAVE A LIFE:

Medic Pack UN Trauma Pack (UNTP) Individual Buddy First Aid Kit (BFAK)





BE FAMILIAR WITH YOUR INDIVIDUAL AND UN/UNIT-SPECIFIC MEDICAL EQUIPMENT!





MEDICAL EQUIPMENT CONTENT LIST

Medic Pack

UN Trauma Pack (UNTP)

See Handbook

Individual Buddy First Aid Kit (BFAK)

See Handbook





TOURNIQUET

A device to stop **massive** bleeding

HEMOSTATIC GAUZE

Gauze rolls used to stop major life-threatening bleeding

EMERGENCY BANDAGE/ TRAUMA DRESSING

Elastic bandage used as a **pressure** dressing and/or **standard** dressing











NASOPHARYNGEAL AIRWAY (NPA) WITH WATER-BASED LUBRICANT

Nonsterile, rubber tubeshaped device that can be inserted into the casualty's nostril

VENTED CHEST SEAL

Vented and adhesive chest seal for treating **penetrating wounds** to the **chest**

NDC 10-14 GAUGE 3.25" NEEDLE CATHETER

Catheter-over-needle device that can be inserted into the casualty's chest to **treat tension pneumothorax**











- 1. Moxifloxacin 400mg tablet
- 2. Meloxicam 15mg tablet
- 3. Acetaminophen x2 650mg



NOTE:

- Each of the three medications (in unit dosages) is contained in a single blister pack
- The Combat Wound Medication Pack (CWMP) is an example of medication that might be used ONLY for traumatic injuries and ALL penetrating injuries.
- Drugs should only be administered by trained medical personnel





GAUZE/PACKING DRESSING

Gauze rolls used to **stop minor bleeding** or as **bulky material** for packing wounds

ELASTIC BANDAGE

Stretchable bandage that creates localized pressure used for pressure dressings















PASSIVE



ACTIVE/PASSIVE HYPOTHERMIA BLANKET

Used to prevent and manage hypothermia





MEDICAL EQUIPMENT DOCUMENTATION



Use MACE 2 as close to time of injury as possible.

Service Member Name:	
DoDI/EDIPI/SSN:	Branch of Service & Unit:
Date of Injury:	Time of Injury:
Examiner:	
Date of Evaluation:	Time of Evaluation:

Purpose: MACE 2 is a multimodal tool that assists providers in the assessment and diagnosis of concussion. The scoring, coding and steps to take after completion are found at the end of the MACE 2.

Timing: MACE 2 is most effective when used as close to the time of injury as possible. The MACE 2 may be repeated to evaluate recovery.

RED FLAGS

Evaluate for red flags in patients with Glasgow Coma Scale (GCS) 13-15.

	Deteriorating level
	of consciousness
٦	Double vision

- brain injury detection device (if available) Seizures
- Increased restlessness, combative or agitated behavior
 Repeat vomiting
- Weakness or tingling in arms or legs
 Severe or worsening headache

Results from a structural

Defer MACE 2 if any red flags are present. Immediately consult higher level of care and consider urgent evacuation according to evacuation precedence/Tactical Combat Casualty Care (TCCC).

Negative for all red flags Continue MACE 2, and observe for red flags throughout evaluation.

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MILITARY ACUTE CONCUSSION EVALUATION (MACE2)

Used for identifying **possible traumatic brain injury** (TBI)





RIGID EYE SHIELD

A shield that provides a domed **protection** of **eye injuries WITHOUT** applying pressure

MALLEABLE SPLINTING

Semirigid material that can be formed to the injured limb to assist in immobilizing

CRAVATS

Used to assist in immobilizing the injured limb or protrusion











MEDICAL EQUIPMENT DOCUMENTATION

(4 Line Format)

Line	UN CASEVAC 4-LINE ALERT MESSAGE			
ne	DTG:			
	LOCATION AND CALL SIGN	PLACE NAME / DESCRIPTION	А	
1		GPS GRID REFERENCE	В	
		CALL SIGN OF INCIDENT SITE COMMANDER	С	
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UN Evacuation 4 Liner

Call procedure that is divided into 4 lines of information for evacuation crews

TACTICAL COMBAT CASUALTY CARE (TCCC BATTLE ROSTER #:		BATTLE R				-
EVAC: Urgent Priority Routine	-	1.2261.0112.0	Urgent			
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ERVICE: UNIT: ALLERGIES:		Intact NPA				
Rechanism of Injury: (x all that apply)	8:	O2 Needle-D	Chest-Tube	Chest-Se	al	
Artillery Blunt Burn Fall Grenade G	SW 🗆 IED C:		Name	Volume	Route	Time
Landmine MVC RPG Other: njury: (Mark injuries with an X)		Fluid		-		
TQ: R Arm (43) TQ: L Arm (43)				-		
TYPE:		Blood		-		
	ME	DS:	Name	Dose	Route	Time
K 1 A LWIL	11	Anelgesic	1101110	0030	noure	1000
小雨 从雨秋	K	(e.g., Ketamine, Fentanyi, Morphine)		-		
19 11 11 11 11	14	Antibiotic		-		-
编 」」 [] 编 [二]	感	(e.g., Moxiloxacin,		-		-
(*W *) *A	/	Ertapenem)		-		
网络 14	1	Other (e.g., TXA)		-		
TQ: R Leg TYPE: TMF: TMF: TMF: TMF:		HER: Combat-F				Splint
	NO	TES:				
Signs & Symptoms: (Fill in the blank)						
Time						
Pulse (Rate & Location)						
Blood Pressure / / /	/					
Respiratory Rate						
Pulse 0x % 02 Sat						
AVPU	FIR	ST RESPONDER				_
Pain Scale (0-10)		ME (Last First):			LAST 4	

Cas Card UN Approved casualty card





MEDICAL EQUIPMENT MAINTENANCE AND RESUPPLY



REMEMBER:

Regularly inspect your **BFAK**, **UNTP** and other service-specific medical kits:

- BEFORE
- DURING
- AFTER

ALL training events and missions





MEDICAL EQUIPMENT MAINTENANCE AND RESUPPLY



Check to be sure all equipment is in the kit Check **seals** and **wrappers**

 REPLACE items with broken or unsealed wrappers

Check expiration dates

REPLACE if **expired** or the expiration date **DOES NOT** exceed your expected deployment timeframe

BEWARE OF EQUIPMENT THAT IS **NOT UN** APPROVED!

DO NOT DEPLOY WITH **MISSING, PREVIOUSLY USED FOR TRAINING,** OR **EXPIRED EQUIPMENT**





UN TRAUMA PACK





Always use the **casualty's** BFAK first

UN Trauma Pack

When supplies are exhausted from the casualty's BFAK, resort to using supplies from the UNTP





SKILL STATION

Familiarization with BFAK and UNTP







BUDDY AID UN Trauma Pack (UNTP)



INDIVIDUAL Buddy First Aid Kit (BFAK)

MEDICAL EQUIPMENT

Familiarize yourself with the content of the UNTP and BFAK.

Ensure you are aware of the resupply procedures and how to maintain your equipment.

Regularly inspect your BFAK, UNTP, and other UN specific medical kits:

- BEFORE
- DURING
- AFTER

ALL training events and missions.

Be sure to use proper documentation when needed; MACE2, 4-Line, and Casualty Card.





CHECK ON LEARNING

- When providing "buddy aid," should you use your BFAK or the casualty's BFAK?
- What is the most important lifesaving item in the BFAK?
- When should medications and medical-grade equipment be replaced in the BFAK?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 03: CARE UNDER FIRE





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

TO4 Given a combat peacekeeping or non-combat peacekeeping scenario, perform Care Under Fire in accordance with UN TCCC Guidelines

EO14 Describe the role of fire superiority and threat containment on UN TCCC.

EO15 Describe the actions required before engaging with a casualty to prevent harm or additional casualties in accordance with UN TCCC guidelines.

EO16 Identify appropriate actions and priorities to treat and move casualties in CUF.

EO17 Identify the importance of early application of limb tourniquets to control life-threatening bleeding in CUF.

EO18 Demonstrate one-handed tourniquet application to self in CUF.

EO19 Demonstrate two-handed tourniquet application to a casualty in CUF.

EO20 Describe the principles, advantages, and disadvantages of one-person drag/carry or two-person drag/carry in CUF.

EO21 Demonstrate the one-person drags and carries of a casualty in CUF.

EO22 Demonstrate two-person drags and carries of a casualty in CUF.





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment

More deliberate assessment and treatment of unrecognized life-threatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!







PHASE 1: CARE UNDER FIRE

RETURN FIRE AND TAKE COVER

- Never attempt to rescue a casualty until hostile fire is suppressed
- Using available resources, ensure scene safety

DIRECT CASUALTY TO REMAIN ENGAGED

APPLY SELF-AID AND MOVE TO COVER (if able)

GAIN FIRE SUPERIORITY

MOVE TO CASUALTY (*if casualty is unable to move to cover*)

IMPORTANT CONSIDERATIONS:

- Order of actions will be dictated by the situation
- A casualty may be able to perform self-aid
- Constantly ASSESS risks and make a plan before moving a casualty





CARE UNDER FIRE **ROLE OF FIRE SUPERIORITY**

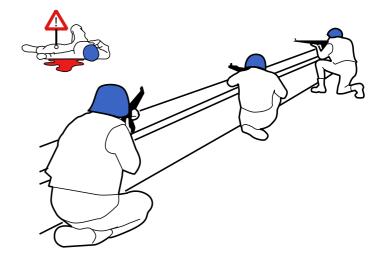






CARE UNDER FIRE FIRE SUPERIORITY PRINCIPLES

- Order of actions will be dictated by the situation
- Return fire AND take cover
- Direct casualty to remain engaged
- Direct casualty to apply self-aid and move to cover
- DO NOT approach casualty while casualty is inside of a KILL ZONE
- **Suppress** hostile fire to gain fire superiority

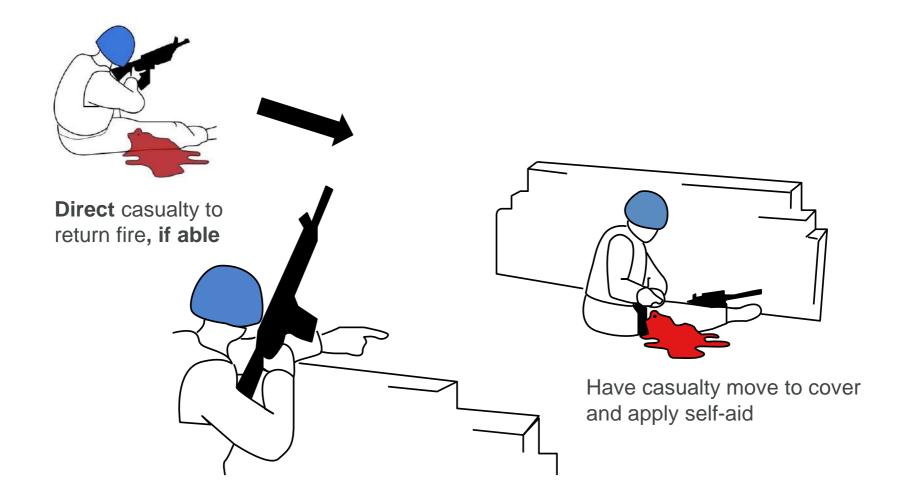


Place a tourniquet on life-threatening bleeding and get the casualty **OUT** of the **KILL ZONE** if they are unable to move





CARE UNDER FIRE CASUALTY SELF-AID





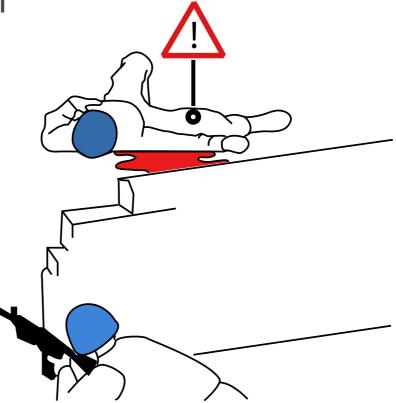


CARE UNDER FIRE IF CASUALTY IS UNABLE TO MOVE

If casualty is unable to move to cover, when tactically feasible, go to them when fire has been SUPPRESSED and fire superiority has been GAINED and AID THEM IN MOVEMENT

• Use rope, dragging straps, etc.









CARE UNDER FIRE PHASE 1: CARE UNDER FIRE

APPLY TOURNIQUET TO CONTROL LIFE-THREATENING BLEEDING

 For life-threatening bleeding, place a tourniquet (TQ) "high and tight" above the wound

MOVE CASUALTY

Drag or carry based on tactical situation







MASSIVE BLEEDING IN CARE UNDER FIRE





CARE UNDER FIRE CARE UNDER FIRE OVERVIEW

CARE UNDER FIRE BLEEDING CONTROL

Video can be found on DeployedMedicine.com





CARE UNDER FIRE IDENTIFY LIFE-THREATENING BLEEDING

- Bright red blood is pooling on the ground
- The overlying clothes are **soaked** with blood





There is a traumatic AMPUTATION of an arm or leg



• There is a There is **pulsatile** (pulsing) or **steady** bleeding from the wound

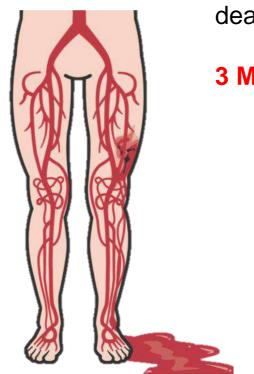




QUESTION TIME TO BLEED OUT

How long does it take to **bleed to death** from a **major artery injury**?





Casualties with such an injury can bleed to death in <u>as little as</u>

3 MINUTES







CARE UNDER FIRE **KNOW YOUR ACCESS TO A TOURNIQUET**

Have TQ available for self-application should you need one, **QUICK ACCESS IS KEY!**

• **DON'T** leave your TQ at the bottom of your pack!

CASUALTY'S BFAK FIRST

- When helping a buddy, **NEVER USE YOUR OWN TQ** before the casualty's
- Look for the TQ in the **casualty's BFAK**
- If the casualty does NOT have a TQ available, then use the TQ from the UNTP or the next available one







CARE UNDER FIRE

ONE-HANDED TOURNIQUET SELF-APPLICATION

One-Handed Application

The one-handed application is normally used to apply a UN TCCC-recommended windlass TQ to the **upper extremities** (upper arm or forearm)

WINDLASS TQ

- A **windlass** TQ is the TQ of choice; it is effective and can be applied quickly
- Use the windlass TQ from the BFAK







CARE UNDER FIRE ONE-HANDED WINDLASS TOURNIQUET APPLICATION

ONE-HANDED WINDLASS TOURNIQUET

Video can be found on DeployedMedicine.com





CARE UNDER FIRE ONE-HANDED TOURNIQUET APPLICATION

CRITICAL POINTS

WINDLASS TQ

- TQ's are used to control massive or severe hemorrhage (bleeding) of an extremity (arms and legs)
- TQs are effective and can be applied quickly
- TQs are the most important lifesaving item in the BFAK and should be kept easily accessible
 - When helping a buddy, **NEVER USE YOUR OWN tourniquet** before the casualty's







CARE UNDER FIRE BUDDY AID IF CASUALTY IS UNRESPONSIVE OR UNABLE TO MOVE

Approach casualty and conduct visual blood sweep (looking for major bleeding)

If you see bleeding, apply a hasty (high and tight) TQ using a two-handed method



IMPORTANT CONSIDERATION:

Be sure to use equipment (TQ) in the casualty's BFAK and not your own





CARE UNDER FIRE TWO-HANDED WINDLASS TOURNIQUET APPLICATION

TWO-HANDED WINDLASS TOURNIQUET

Video can be found on DeployedMedicine.com





CARE UNDER FIRE **SKILL STATION**

CUF Tourniquet (Skills)

- One-Handed (Windlass) TQ Application in CUF
- Two-Handed (Windlass) TQ Application in CUF





TACTICAL FIELD CARE EXTRACTION OF CASUALTIES

- Casualty to be extracted from vehicles and buildings per UN Standard Operating Procedure (SOP)
- If casualties are on fire, put out the fire IMMEDIATELY
- Move casualty to **relative safety** following the unit SOP









CRITICAL OBJECTIVES FOR THE ONE- OR TWO- PERSON DRAG/CARRY



- Once bleeding is controlled, move the casualty to cover using a one- or twoperson drag/carry
- At the point of injury you must move your casualty to the closest position of cover
- If you must move a casualty under fire, then quickly develop a casualty movement rescue plan
- When moving casualties, spinal injuries are not to be a concern during Care Under Fire movements





DRAG/CARRY ONE-PERSON DRAG/CARRY



should be used for a conscious casualty only



NECK DRAG also **limits** the casualty and rescuer from exposure to enemy fire





KIT OR ARM DRAG

Some body armour is equipped with a drag handle; therefore, no additional equipment is required



CRADLE-DROP DRAG is effective in moving a casualty up or down the stairs, steps, or short distances





CARE UNDER FIRE ONE-PERSON CASUALTY DRAG/CARRY

ONE-PERSON DRAGS & CARRIES

Video can be found on DeployedMedicine.com





DRAG/CARRY TWO-PERSON DRAG/CARRY

The TWO-MAN SUPPORTING CARRY

can be used in transporting **both** conscious and unconscious casualties



KIT OR ARM DRAG can cause Injury to either the rescuer or casualty during training drills; keep safety in mind



FORE AND AFT CARRY

Exposes two rescuers to hostile fire instead of one





CARE UNDER FIRE TWO-PERSON CASUALTY DRAG/CARRY

TWO-PERSON DRAGS & CARRIES

Video can be found on DeployedMedicine.com





DRAG/CARRY SKILL STATION

Drag/Carry (Skills)

- One-Person Drag/Carry
- Two-Person Drag/Carry





CARE UNDER FIRE **SUMMARY**

- We defined Care Under Fire
- We discussed the importance of fire superiority
- We defined massive hemorrhage control methods
- We discussed casualty movement in CUF
- We discussed the advantages and disadvantages of one- and twoperson drag/carry methods





CHECK ON LEARNING

- What is Care Under Fire?
- What are the signs of life-threatening bleeding?
- How long does it take to bleed to death from a complete femoral artery and vein disruption?
- What are the advantages and disadvantages of one-person drags?
- What are the advantages and disadvantages of two-person carries?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 04: PRINCIPLES AND APPLICATION OF TACTICAL FIELD CARE (TFC)





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

TO5 Given a combat peacekeeping or non-combat peacekeeping scenario, perform Tactical Field Care in accordance with UN TCCC Guidelines

EO23 Identify the importance of security and safety in Tactical Field Care (TFC)
EO24 Identify basic principles of removal/extraction of casualties from a unit-specific platform
EO25 Identify the importance and techniques of communicating casualty information with unit tactical leadership and/or medical personnel
EO26 Identify the relevant tactical and casualty data involved in communicating casualty information
EO27 Identify Demonstrate communication of casualty information to tactical leadership and/or medical personnel (in accordance with UN and/or unit standard operating procedures in TFC)
EO28 Identify triage considerations in TFC





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment



More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





CASUALTY AND RESPONDER NO LONGER UNDER EFFECTIVE ENEMY FIRE OR THREAT ENTER INTO THE TACTICAL FIELD CARE (TFC) PHASE





TACTICAL FIELD CARE PHASE 2: TACTICAL FIELD CARE

TFC IS CARE RENDERED WHEN NO LONGER UNDER EFFECTIVE ENEMY FIRE OR THREAT

Having transitioned from Care Under Fire (CUF), further assessment and care can be more deliberate following the MARCH PAWS sequence This does **NOT** mean that the danger is over – the tactical situation could **change** back to CUF **AT ANY TIME**

IMPORTANT CONSIDERATIONS:

Mission personnel should **constantly maintain** their situational awareness of the **potential threat** from hostile forces

Tactical Field Care also encompasses combat/tactical environment not involving enemy fire (e.g., parachute injury in combat zone)





SECURITY AND SAFETY IN TACTICAL FIELD CARE

Establish a security perimeter in accordance with unit tactical standard operating procedures and/or battle drills

Maintain tactical situational awareness



CASUALTIES WITH ALTERED MENTAL STATUS SHOULD HAVE

- Weapons **cleared** and **secured**
- Communications secured
- Sensitive items redistributed
- Weapons and radios DO NOT mix well with shock or narcotics







TACTICAL FIELD CARE OTHER CONSIDERATIONS

TFC is when the casualty and the person rendering care are NOT under direct fire



LIMITED SUPPLIES

Medical equipment and supplies are **LIMITED** to what is **carried** into the field by the FMA and the individual UN member



REMEMBER:

- Always use the casualty's BFAK FIRST
- TFC can turn into a CUF situation unexpectedly
- Personnel should **maintain** their situational awareness





CASUALTY REMOVAL/EXTRACTION PRINCIPLES



- The second principle of MARCH still applies. If possible, you may want to initiate lifesaving measures like applying a tourniquet before the extraction, and monitor them throughout the process.
- The third principle is training.



Extractions will vary based on the mission and vehicles located in your Area of Responsibility (AOR)





DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / HEAD INJURIES







Communicate with the casualty, if possible

- Encourage
- Reassure
- Explain care each step of the way



Communicate with tactical leadership **IMMEDIATELY** on evacuation requirements

Continue to communicate with leadership on casualty treatment as needed

(4 Line Format)

Ling	UN CASEVAC 4-LINE ALERT MESSAGE		
10	DTG:		
1	LOCATION AND CALL	PLACE NAME / DESCRIPTION	
	SIGN	GPS GRID REFERENCE CALL SIGN OF INCIDENT SITE COMMANDER	B C
2	INCIDENT DETAILS	WHAT HAS HAPPENED? (Shooting, road accident, explosion etc).	D
		HOW MANY CASUALTIES ARE THERE?	E
3	ACTIONS BEING TAKEN AT SCENE	TREATMENT BEING GIVEN AND PREPERATIONS FOR EVACUATION	
4	RESOURCES REQUIRED AT SCENE TO TREAT AND EVACUATE PATIENT	GROUND AMBULANCE, AIR EVACUATION, AMET	

COMMUNICATE WITH EVACUATION AND MEDICAL ASSETS

Communicate with the evacuation system to coordinate evacuation using the **4-Line CASEVAC request**

Keep each casualty's Cas Card up to date

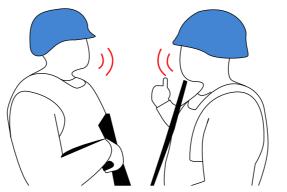




TACTICAL FIELD CARE COMMUNICATE RELEVANT CASUALTY DATA



Document ALL assessment and medical care (including interventions and medications) on the Casualty Card



Communicate with CASEVAC using the:

4-Line CASEVAC request form **MIST** Report

Mechanism of injury

Injuries

- Symptoms
- Treatment

Relay the information following your standard operating procedures

COMMUNICATE CASUALTY DATA IN HAND-OFF WITH MEDIC OR CASEVAC

When handing casualty off to medic or CASEVAC, read off the Casualty Card, including any additional information as needed

MIST report may **change** as the **casualty status** and **interventions** performed change





TACTICAL FIELD CARE TRIAGE – PRIORITIZING MULTIPLE CASUALTIES

Casualties with these injuries must be treated first:

#1 Massive bleeding
#2 Penetrating trauma into the box (torso)
#3 Airway compromise
#4 Respiratory distress
#5 Altered mental status







TACTICAL FIELD CARE TRIAGE CONSIDERATIONS

- Casualties may need to be sorted into prioritized treatment groups
- The FMA may be required to assist medical personnel with urgent casualties, monitor casualties after emergency interventions, and may be tasked with preparing casualties for evacuation







- Ensure you are aware of all security and safety procedures for TFC
- Tactical Field Care is when the casualty and the responder are both no longer under effective enemy fire or threat
- Security and safety in TFC is a priority; clear and secure weapons and communications
- Understand the principles of casualty extractions in accordance with unit standard operating procedures
- Always follow the MARCH PAWS procedure during life-threatening and after life-threatening injuries





CHECK ON LEARNING

- What is the difference between the TFC and CUF phases?
- True or False: During TFC, the tactical situation could change back to CUF again at any time.
- What is MARCH PAWS?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 05: TACTICAL TRAUMA ASSESSMENT (TTA)





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

TO6 Given a combat peacekeeping or non-combat peacekeeping scenario, perform Tactical Field Care in accordance with UN TCCC Guidelines

EO29 Demonstrate the techniques used to assess a casualty for responsiveness.

EO30 Identify the common causes of altered mental status in combat peacekeeping or non-combat peacekeeping environments

EO31 Identify the importance of disarming and securing communications equipment of a casualty with altered mental status

EO32 Identify the importance and techniques of communicating with a casualty in TFC

EO33 Demonstrate communicating with a casualty in TFC

EO34 Demonstrate application of body substance isolation (BSI) in TFC

EO35 Demonstrate a TTA in the proper order using the MARCH PAWS sequence in accordance with UN TCCC Guidelines

EO36 Demonstrate the appropriate actions and interventions used during a casualty assessment to render aid to the casualty in accordance with UN TCCC Guidelines





DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / HEAD INJURIES





TACTICAL TRAUMA ASSESSMENT HOW-TO

TACTICAL TRAUMA ASSESSMENT

Video can be found on DeployedMedicine.com





COMBAT SPEED TTA "FIRE FIGHT CONSCIOUS CASUALTY"

TACTICAL TRAUMA ASSESSMENT "Fire Fight Conscious Casualty"

Video can be found on DeployedMedicine.com





COMBAT SPEED TTA "FIRE FIGHT UNCONSCIOUS CASUALTY"

TACTICAL TRAUMA ASSESSMENT 'Explosion' Unconscious Casualty"

Video can be found on DeployedMedicine.com





TACTICAL TRAUMA ASSESSMENT BODY SUBSTANCE ISOLATION (BSI)



Whenever possible, the responder should don latex-free gloves as a precaution





CASUALTY BLOOD SWEEP

Your initial casualty evaluation should be a rapid head-to-toe check for any unrecognized life-threatening bleeding

- Check the neck, axillary (armpit), inguinal (groin)
- Check the legs, arms, abdomen, chest (in a raking motion) and back









MASSIVE BLEEDING QUICKLY IDENTIFY MASSIVE, LIFE-THREATENING BLEEDING

BRIGHT RED BLOOD

is pulsing or spurting, or there is steady bleeding from the wound



IMPORTANT! Casualties with severe injuries can bleed to death in *as little as 3 minutes*





BRIGHT RED BLOOD

is pooling on the ground



AMPUTATION of the arm or leg

MARCH





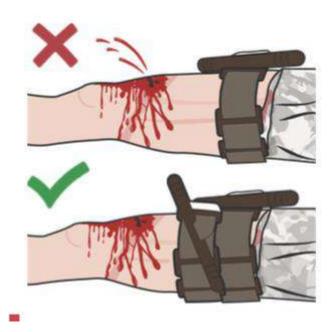
MASSIVE HEMORRHAGE CONTROL IN TFC HEMORRHAGE CONTROL

Assess for other sources of hemorrhage, and control all lifethreatening bleeding





If not already done, where appropriate, use a UN TCCC recommended limb tourniquet (TQ) to control life-threatening external hemorrhage, applying it 2-3 inches above the source of bleeding, directly on the skin



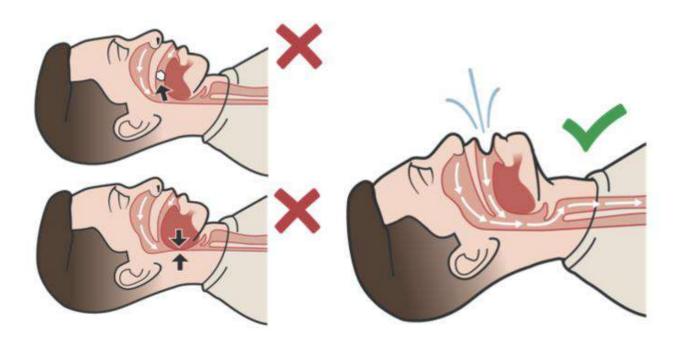
Reassess CUF interventions, and If bleeding is not controlled with the first TQ, apply a second TQ side-by-side with the first





AIRWAY MANAGEMENT

IDENTIFYING OBSTRUCTED AIRWAY



IMPORTANT! Remove any visible objects, but do not perform a blind finger sweep

MARCH

SIGNS AND SYMPTOMS AIRWAY MAY BE BLOCKED:

- Casualty is in distress and indicates they can't breathe properly
- Casualty is making snoring or gurgling sounds
- Visible blood or foreign objects are present in the airway
- Maxillofacial trauma (severe trauma to the face) is observed





OPENING THE AIRWAY

IN A CASUALTY WITHOUT AN AIRWAY OBSTRUCTION, YOU CAN PERFORM THE FOLLOWING MANEUVERS:

Unconscious casualty's tongue may have relaxed, causing the tongue to block the airway by sliding to the back of the mouth and covering the opening to the Windpipe

If you suspect that the casualty has suffered a neck or spinal injury, use the jaw-thrust method

HEAD-TILT CHIN-LIFT

JAW THRUST





MARCH





OPENING THE AIRWAY MANAGING THE AIRWAY

IF the casualty is breathing on their own but unconscious or semiconscious AND there is no airway obstruction, further airway management is best achieved with a nasopharyngeal airway (NPA) An NPA can be used on a conscious or unconscious casualty to help

open/maintain an open airway

H use once a





MANAGING THE AIRWAY MANAGEMENT/RECOVERY POSITION







Casualties with **severe facial trauma** can often protect their own airways by sitting up and leaning forward Assist a conscious casualty by helping them assume any comfortable sitting-up position that ALLOWS THEM TO BREATH EASILY For an unconscious casualty not in shock, place them into the **RECOVERY POSITION**





TACTICAL TRAUMA ASSESSMENT RESPIRATIONS





Breathing rate (Monitor respirations)

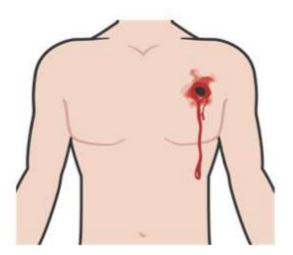
Level of consciousness





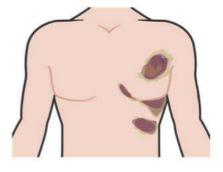


TRESPIRATION ASSESSMENT AND MANAGEMENT IN TFC LIFE- THREATENING CHEST INJURY



Expose the chest to assess for:

- Gunshot or shrapnel wound
- Blunt-force trauma
- Bruising or contusions
- Any deformities of the chest



If penetrating trauma is found or identified, apply a chest seal (vented, if available)

MARCH



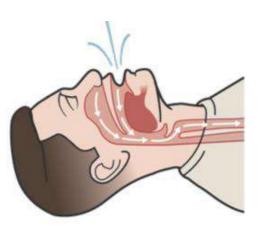


CIRCULATION REASSESS TREATMENTS

Α



Μ





R

Reassess **ALL** treatment for Massive hemorrhage

Reassess **Ai**rway

Reassess **R**espirations





CIRCULATION

GENERAL INDICATOR OF SHOCK

SIGNS AND SYMPTOMS OF SHOCK INCLUDE:

- Mental confusion
- Rapid breathing
- Sweaty, cool, clammy skin
- Pale/grey skin

- Weak or absent radial pulse
- Nausea
- Excessive thirst
- Previous severe bleeding

MARCH





HYPOTHERMIA HYPOTHERMIA PREVENTION

MARCH

Place the casualty on an insulated surface as soon as possible



- Hypothermia is much easier to prevent than to treat! Begin hypothermia prevention as soon as possible
- Decreased body temperature interferes with blood clotting and increases the risk of bleeding
- Blood loss can cause a significant drop in body temperature, even in hot weather

REMEMBER:

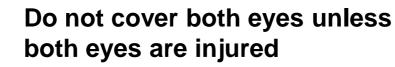
Hypothermia is an issue even in hot environments and must be prevented





EYE INJURIES

IF A PENETRATING EYE INJURY IS NOTED OR SUSPECTED



 In the absence of an eye shield, consider using tactical eyewear







PENETRATING INJURIES WOUND MEDICATION PACK (WMP)







Acetaminophen is used for pain management Meloxicam can give significant pain relief and will not alter the casualty's mental status Moxifloxacin contains oral antibiotic medication

MARCH PAWS

MARCH PAWS

Remember:

- Medics carry medications
- Document all medications administered on the UN Casualty Card





TACTICAL FIELD CARE GUIDELINES

Dress all known wounds and then assess all applied bandages for:

- Increased pain
- Skin discoloration
- Irregular pulse

If any of these conditions are found, they might indicate an emergency!

Ensure the applied bandage **isn't too tight**; loosen as needed while keeping the bleeding controlled



DO NOT EVER APPLY IT AND FORGET IT!

MARCH PAWS





SECONDARY INJURIES BURN CARE



EXTRACT

Extract from burning vehicle, building, or area

STOP THE BURNING PROCESS



COVER

Cover the burn area with dry, sterile dressings for general burns



WHITE PHOSPHORUS = WET DRESSING

Eliminate wound contact with oxygen





SECONDARY INJURIES

ASSESS FOR A FRACTURE





WARNING SIGNS OF A FRACTURE:

- Significant pain and swelling
- An audible or perceived "snap"
- Different length or shape of limb
- Loss of pulse or sensation in the injured arm or leg (check pulse before and after treatment)
- Crepitus (hearing a crackling or
- popping sound under the skin)

CLOSED FRACTURE **OPEN** FRACTURE



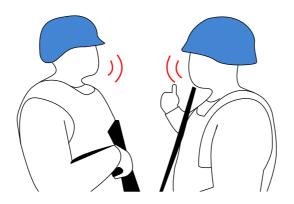


TACTICAL FIELD CARE



Communicate with the casualty and if possible

- Encourage
- Reassure
- Explain care each step of the way



Communicate with tactical leadership as soon as possible with status and evacuation requirements throughout casualty treatment as needed

COMMUNICATE WITH EVACUATION AND MEDICAL ASSETS

- Communicate with the evacuation system to coordinate CASEVAC using the 4-Line CASEVAC request
- Keep the Casualty Card





TACTICAL EVACUATION

PHASE 3: TACTICAL EVACUATION CARE

CASUALTY MONITORING

Continue to reassess and monitor casualty

EVAC REQUEST

Use 4-Line format

CASUALTY PREP

- Secure items
- Prep litter
- Prep evac equipment
- Pack casualty

COMPLETE MIST REPORT

- M Mechanism of injury
- I Injuries
- S Symptoms
- T Treatment

PRE-EVAC PROCEDURES

Complete Casualty Card





TRAINER-LED DEMONSTRATION

Tactical Trauma Assessment





TACTICAL TRAUMA ASSESSMENT **SUMMARY**

- We defined Tactical Trauma Assessment
- We discussed assessing the casualty using MARCH PAWS
- We discussed proper communication and documentation





CHECK ON LEARNING

- During which phase of care is the TTA performed?
- What pneumonic is used to prioritize care during the TTA?
- What is a blood sweep?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 06: MASSIVE HEMORRHAGE CONTROL





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

TO7 Given a combat peacekeeping or non-combat peacekeeping scenario, perform massive hemorrhage control during Tactical Field Care in accordance with UN TCCC Guidelines

EO37 Identify life-threatening hemorrhage (bleed)

EO38 Identify the importance of early application of limb tourniquets to control life-threatening bleed

- EO39 Identify anatomical sites for applying direct and indirect pressure to control bleeding
- EO40 Demonstrate the appropriate application of a UN TCCC-recommended limb tourniquet
- EO41 Identify risks associated with applying an improvised limb tourniquet
- **EO42** Demonstrate the application of a UN TCCC-recommended hemostatic dressing
- **EO43** Demonstrate an evaluation of previously applied tourniquets for hemorrhage control effectiveness
- EO44 Demonstrate improvised junctional hemorrhage control with hemostatic dressing and direct pressure





Three PHASES of UN TCCC

1 CARE UNDER FIRE

RETURN FIRE

AND TAKE COVER

2 TACTICAL FIELD CARE

COVER AND CONCEALMENT

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment



More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!

3 TACTICAL EVACUATION CARE





TACTICAL FIELD CARE

DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / **H**EAD INJURIES





HEMORRHAGE OVERVIEW IN TFC

HEMORRHAGE CONTROL IN TACTICAL FIELD CARE

Video can be found on DeployedMedicine.com





TACTICAL FIELD CARE

SECURITY AND SAFETY IN TACTICAL FIELD CARE

- Establish a security perimeter in accordance with UN tactical standard operating procedures (SOPs) and/or battle drills
- Maintain tactical situational awareness



CASUALTIES WITH ALTERED MENTAL STATUS SHOULD HAVE

- Weapons cleared and secured
- Communications secured
- Sensitive items redistributed
- NOTE: Weapons and radios DO
 NOT mix well with shock or narcotics









TACTICAL FIELD CARE

PRIORITIZING MULTIPLE CASUALTIES

Casualties with these injuries must be treated first:

#1 Massive bleeding

- #2 Penetrating trauma into the box (torso)
- #3 Airway compromise
- #4 Respiratory distress
- #5 Altered mental status





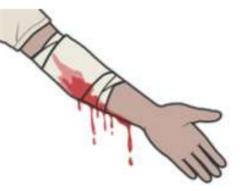


WHEN IS BLEEDING LIFE-THREATENING?

EARLY CONTROL OF SEVERE HEMORRHAGE IS CRITICAL



- BRIGHT RED BLOOD is pooling on the ground
- The overlying clothes are SOAKED with blood





 There is pulsatile (pulsing) or steady bleeding from the wound

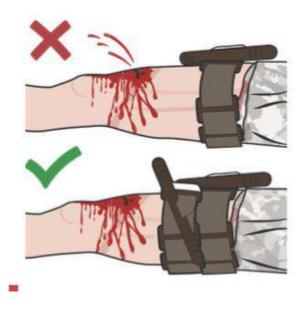


- Bandages or makeshift bandages used to cover the wound are INEFFECTIVE and steadily becoming soaked with blood
- There is a traumatic amputation of an arm or leg

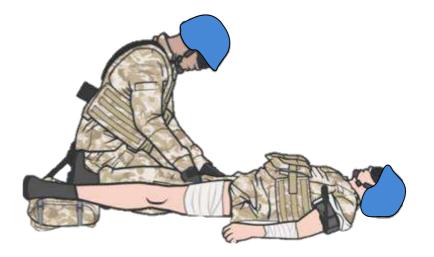




MASSIVE HEMORRHAGE CONTROL MASSIVE HEMORRHAGE REASSESSMENT



- Reassess any interventions performed in CUF
- If a tourniquet was previously applied, assess for effectiveness (bleeding has stopped and distal pulses are absent)
- If ineffective, apply a second tourniquet side-by-side with the first



 Perform a blood sweep and expose the casualty to look for other life-threatening bleeding, stopping to immediately treat anything identified, and look for non-life-threatening bleeding to address later





MASSIVE HEMORRHAGE CONTROL

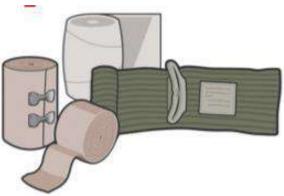
TOOLS FOR LIFE-THREATENING HEMORRHAGE CONTROL



UN TCCC-recommended
 tourniquet



hemostatic dressing and pressure bandages



 Gauze/other dressings and pressure bandages Pressure Delivery Device (PDD)







MASSIVE HEMORRHAGE CONTROL INITIAL DIRECT PRESSURE BEFORE INTERVENTION

- Direct pressure can and should be used as a temporary measure until a tourniquet or dressing is in place
- It is difficult to use direct pressure alone to control significant bleeding or while moving the casualty
- Direct pressure can be used if a treatment no longer maintains control of the bleeding while a new treatment is started

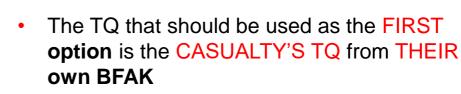






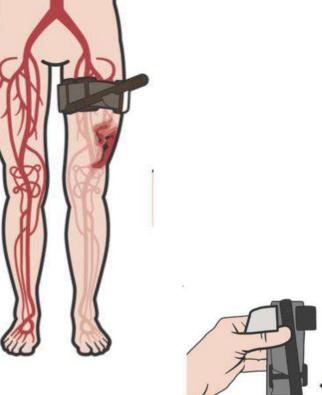
MASSIVE HEMORRHAGE CONTROL

TOURNIQUETS



- If this is not possible, or more than one tourniquet is needed, then you may apply the TQ from your own BFAK or a TQ from unit mission equipment
 - You should have a **new TQ** in your BFAK. It is designed as a ONE-TIME USE DEVICE





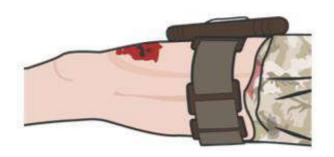
 A device stopping the flow of blood to an arm or leg by applying circumferential (around) pressure to the limb



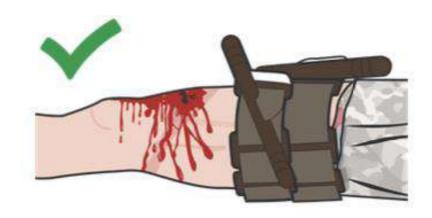


MASSIVE HEMORRHAGE CONTROL DELIBERATE TOURNIQUETS

 A TQ applied in CUF should be reassessed



- A TQ applied in TFC will be a deliberate TQ, applied 2-3 inches above the wound, directly on the skin (not over clothing)
- In TFC the source of bleeding can be identified to ensure that TQs are properly placed



 TQs applied during CUF are sometimes inadequate due to the inability to properly expose and assess the wound, and application of an additional side-by-side TQ may be necessary





MASSIVE HEMORRHAGE CONTROL TOURNIQUETS IN TACTICAL FIELD CARE

 Use a TQ to control life-threatening external hemorrhage that is anatomically amenable to TQ use or for ANY traumatic amputation



- Apply directly to the skin 2-3 inches above the bleeding site
- If bleeding is NOT controlled with the first TQ, apply a second TQ side-by-side with the first

• Time should be documented during the TFC phase, not the CUF phase

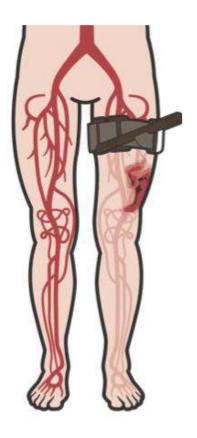


- TQs need to be applied rapidly. The bleeding should be stopped WITHIN ONE MINUTE and the TQ fully secured within three minutes
- TQ application time is **important** in helping medical personnel manage TQs





MASSIVE HEMORRHAGE CONTROL TOURNIQUETS EFFECTIVENESS CHECKS





TQs can be assessed for effectiveness by:

- Ensuring that the BLEEDING HAS STOPPED
- Checking a pulse distally (further out) on the limb where the TQ is applied to ensure there is NO PULSE





MASSIVE HEMORRHAGE CONTROL TWO-HANDED WINDLASS TFC

TWO-HANDED WINDLASS TOURNIQUET

Video can be found on DeployedMedicine.com





MASSIVE HEMORRHAGE CONTROL TOURNIQUET PITFALLS/MISTAKES

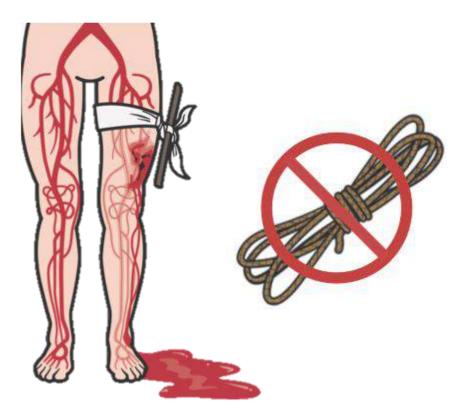
- **NOT** using one when you should or waiting too long to put it on
- **NOT** pulling all the slack out before tightening
- **NOT** making it tight enough the TQ should stop the bleeding AND eliminate the distal pulse
- **NOT** using a second TQ, if needed
- Using a TQ for minimal bleeding; however, when in doubt, apply a TQ
- Putting it on too proximally (too high) if the bleeding site is clearly visible
- Loosening TQs for a period to allow recirculation of a limb
- Taking it off (this should be performed ONLY by medical personnel at a higher level of care)
- **DON'T** put TQs over joints!







RISKS WHEN USING IMPROVISED TOURNIQUETS DON'T USE AN IMPROVISED TOURNIQUET!



 If no TQ is available, pack the wound and hold direct pressure over the main source of bleeding

RISKS ASSOCIATED WITH IMPROVISED TOURNIQUETS:

- DAMAGE may occur to skin if the band is too narrow
- Bleeding may **WORSEN**
- Bleeding MAY NOT BE COMPLETELY CONTROLLED
- An improvised TQ may likely
 LOOSEN over time from not being properly secured





MASSIVE HEMORRHAGE CONTROL SKILL STATION

TFC Hemorrhage Control (Skills)

• Two-Handed Windlass Tourniquet Application in TFC





MASSIVE HEMORRHAGE CONTROL HEMOSTATIC DRESSING

- UN TCCC-recommended hemostatic dressing is safe and contains active ingredients that assist with bloodclotting at the bleeding site
- Hemostatic dressing can also be used for controlling bleeding in conjunction with tourniquets
- A BFAK contains one hemostatic dressing and one dry sterile gauze







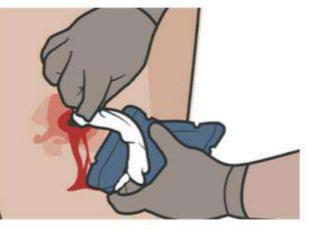
MASSIVE HEMORRHAGE CONTROL HEMOSTATIC DRESSING



 Hemostatic dressing with or without a pressure bandage CAN be used to control compressible junctional hemorrhage

Remember:

- **DO NOT** pack hemostatic dressing into the abdomen or chest
- A BFAK contains one hemostatic dressing and one dry sterile gauze



 For compressible (external) hemorrhage not amenable to limb TQ (places where a tourniquet cannot be effectively applied) or for bleeding from wounds not requiring a TQ, use a UN recommended hemostatic dressing



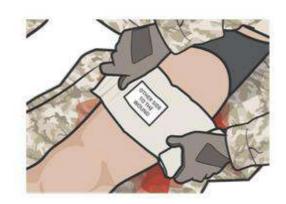


MASSIVE HEMORRHAGE CONTROL WOUND PACKING

- Identify the exact source of bleeding and APPLY direct pressure as a temporary measure UNTIL gauze is placed
- Pack the wound, maintaining CONSTANT direct pressure at the source of bleeding within 90 SECONDS for it to be effective



- HOLD direct pressure on the gauze over the wound for at least 3 MINUTES (this is necessary, even with the active ingredient in hemostatic dressing)
- When packing a large wound, more than one hemostatic dressing and/or additional gauze may be needed
- Carefully observe to determine if bleeding has been controlled



 Once you are sure the bleeding has stopped, apply a pressure bandage





MASSIVE HEMORRHAGE CONTROL WOUND PACKING FOR FAILED CONTROL







- If packed with hemostatic dressing, remove before packing material and repack with a new hemostatic dressing, as available
- It may be a fresh dressing of the same or different type

- If hemostatic dressing is **NOT** readily available, use dry sterile gauze or some other materials to pack the wound
- Alternatively, additional hemostatic
 or nonhemostatic dressing CAN
 be applied on top of the first gauze

•

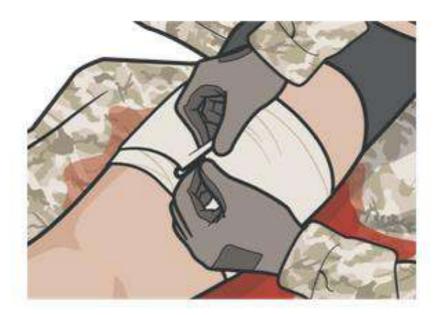




MASSIVE HEMORRHAGE CONTROL PRESSURE BANDAGES



- ALL dressings for significant bleeding should be secured with pressure bandages
- Place the bandage pad directly on the dressing, continuing to apply direct pressure



- Wrap the pressure/elastic bandage tightly, focusing pressure directly over the wound
- SECURE the hooking ends of the Velcro or closure bar onto the last wrap of the bandage





MASSIVE HEMORRHAGE CONTROL PRESSURE BANDAGE ASSESSMENT



Key Points:

- Check for circulation BELOW the pressure bandage by feeling for distal pulse (a pulse below the bandage)
- If the skin BELOW the pressure bandage becomes cool to the touch, bluish, or numb, or if the pulse below the pressure dressing is no longer present, the pressure bandage may be too tight
- If circulation is **BLOCKED** or **STOPPED**, loosen and retie the bandage
- Dressings and bandages should be reassessed and checked routinely and EVERY TIME a casualty is moved





MASSIVE HEMORRHAGE CONTROL PRESSURE BANDAGES

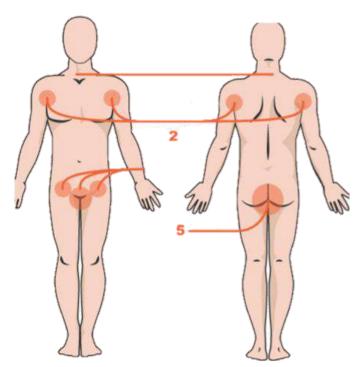
PRESSURE BANDAGE

Video can be found on DeployedMedicine.com





JUNCTIONAL HEMORRHAGE



- Junctional areas are located at the junction of the extremities and neck with the torso
- Junctional hemorrhage can also occur on the extremities if the injury is TOO CLOSE to the torso for a tourniquet to be applied



 Blood vessels at junctional areas are LARGER than in the limbs but can still be COMPRESSED with direct pressure





JUNCTIONAL HEMORRHAGE NECK JUNCTIONAL HEMORRHAGE CONTROL



• Pack the wound

• Apply pressure for 3 MINUTES



- Secure with bandage
- If the bandage has a pressure bar, pull the bandage TIGHT, and reverse it back over the top of the pressure bar, forcing it down onto the pad





MASSIVE HEMORRHAGE CONTROL

NECK JUNCTIONAL HEMORRHAGE CONTROL

NECK JUNCTIONAL HEMORRHAGE CONTROL

Video can be found on DeployedMedicine.com





JUNCTIONAL HEMORRHAGE

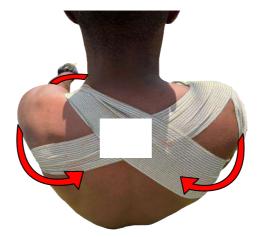
AXILLARY JUNCTIONAL HEMORRHAGE CONTROL



Expose the wound



Pack the wound



Secure the dressing in place



• Swath the (injured side) upper arm to the side of the chest using a cravat





MASSIVE HEMORRHAGE CONTROL

AXILLARY JUNCTIONAL HEMORRHAGE CONTROL

AXILLARY JUNCTIONAL HEMORRHAGE CONTROL

Video can be found on DeployedMedicine.com

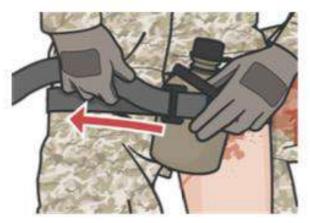




JUNCTIONAL HEMORRHAGE

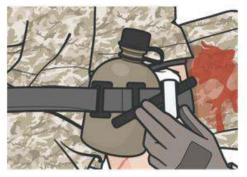
JUNCTIONAL HEMORRHAGE CONTROL WITH A PRESSURE DELIVERY DEVICE (PDD)

 A PDD is made by using such materials as a shoe/boot, full water bottle, or canteen



 For groin injuries packed with hemostatic dressing, use an improvised junctional PDD to SECURE the gauze





- The PDD is placed in the inguinal gutter while CONTINUOUSLY MAINTAINING pressure to the gauze
- The PDD is then secured with a tourniquet and tightened to add ADDITIONAL pressure
- You may need to put two TQs
 TOGETHER when improvising a
 PDD





MASSIVE HEMORRHAGE CONTROL

INGUINAL IMPROVISED JUNCTIONAL WITH PDD

PRESSURE DELIVERY DEVICE (for Junctional Hemorrhage)

Video can be found on DeployedMedicine.com





MASSIVE HEMORRHAGE CONTROL SKILL STATION

TFC Hemorrhage Control (Skills)

- Wound Packing with hemostatic dressing and Pressure Bandage
- Neck Junctional Hemorrhage Control
- Axillary (Armpit) Junctional Hemorrhage Control
- Inguinal (Groin) Hemorrhage Control with Improvised Junctional Pressure Delivery Device (PDD)





MASSIVE HEMORRHAGE CONTROL SUMMARY

Pressure bandages over areas like the:

- Base of the neck
- Axilla
- Groin
- Buttocks
- Perineum
- Junctional areas have specific application techniques that MAXIMIZE the amount of pressure they exert on the gauze
- **Recheck** the dressing **FREQUENTLY**, especially while transporting the casualty to **next level of care**
- WATCH FOR RE-BLEEDING





CHECK ON LEARNING

- What is the proper distance a deliberate tourniquet should be placed from the bleeding site in TFC?
- What is the difference between the need for high & tight/hasty tourniquets in CUF as opposed to deliberately placed tourniquets in TFC?
- How long should direct pressure be applied on packed hemostatic dressings?
- Why is it important to check the pulse after applying a pressure bandage?
- What additional intervention beyond packing with hemostatic dressing and wrapping with a pressure bandage is necessary to stop the bleeding from a groin wound?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 07: AIRWAY MANAGEMENT





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

TO8 Given a combat peacekeeping or non-combat peacekeeping scenario, perform airway management during Tactical Field Care in accordance with UN TCCC Guidelines

EO45 Identify signs of an airway obstruction

- **EO46** Demonstrate opening the airway with the head-tilt chin-lift or jaw-thrust maneuver
- EO47 Demonstrate the placement of a casualty in the recovery position in Tactical Field Care
- EO48 Demonstrate the insertion of a nasopharyngeal airway (NPA) into a casualty in Tactical Field Care
- EO49 Describe the technique for ventilating a casualty with a bag valve mask (BVM) in Tactical Field Care





TACTICAL FIELD CARE

DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / HEAD INJURIES





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 08: RESPIRATION ASSESSMENT AND MANAGEMENT





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

TO9 Given a combat peacekeeping or non-combat peacekeeping scenario, perform assessment and management of respiration and chest trauma during Tactical Field Care in accordance with UN TCCC Guidelines

- **EO50** Identify the signs and symptoms of respiratory distress
- **EO51** Identify the signs and symptoms of a life-threatening chest injury
- EO52 Identify the signs and symptoms of open pneumothorax (sucking chest wound) in Tactical Field Care
- **EO53** Identify the importance and implications of vented and non-vented chest seals
- EO54 Demonstrate the application of a chest seal to an open chest wound
- EO55 Identify the signs, symptoms, and initial treatment of tension pneumothorax in Tactical Field Care
- EO56 Demonstrate a needle decompression of the chest at the second intercostal space in midclavicular line
- **EO57** Demonstrate a needle decompression of the chest at the fifth intercostal space in the anterior axillary line
- **EO58** Identify the signs of recurring or unsuccessful treatment of tension pneumothorax





TACTICAL FIELD CARE

DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / HEAD INJURIES





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC RESPIRATION OVERVIEW

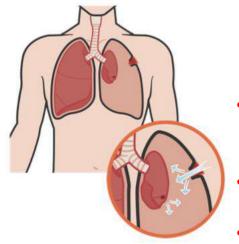
RESPIRATION ASSESSMENT AND MANAGEMENT IN TACTICAL FIELD CARE

Video can be found on DeployedMedicine.com





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC LIFE-THREATENING CHEST INJURY

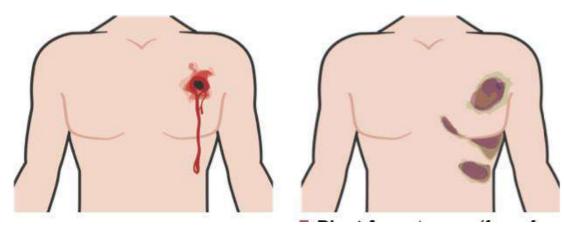


- Respiratory distress means DIFFICULTY BREATHING (rapid or abnormally slow breathing), in other words, it is difficult for the casualty to get air in or out
- The pleural space between the lungs and chest wall naturally has negative pressure, which helps the lungs to collapse (exhale) and expand (inhale)
- With either a BLUNT or PENETRATING INJURY to the chest wall or lungs, air may counteract the lung's natural tendency to expand and collapse
- This is due to positive pressure replacing negative pressure
- It results in air being trapped in the pleural space, putting pressure on the affected lung
- This forces the lung to collapse and reduces the ability to get oxygen to the body





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC LIFE-THREATENING CHEST INJURY



Gunshot or **shrapnel wound** to the chest (penetrating trauma)

MARCH

- Blunt force trauma (force from an IED explosion, high-impact vehicle accident (chest hitting steering wheel), etc.
- Bruising, contusions (swelling around the chest, back or rib cage), crepitus that is felt or heard (crackling, popping, grating)
- ANY deformities of the chest

REMEMBER:

- These injuries can lead to a tension pneumothorax
- This is the second leading cause of preventable death





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC IDENTIFYING TENSION PNEUMOTHORAX



Remember! Airway and Respiration are NOT addressed in CUF and must be addressed in TFC

SIGNS AND SYMPTOMS OF PROGRESSIVE RESPIRATORY DISTRESS:

- Progressive difficulty breathing (labored and rapid breathing worsening overtime)
- Shortness of breath
- Confusion/lightheaded and/or agitation due to lack of oxygen
- Bluish discoloration around mouth and lips
- Rapid pulse
- Distended jugular veins





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC

SIGNS AND SYMPTOMS OF OPEN PNEUMOTHORAX OR SUCKING CHEST WOUND IN TFC

A casualty with an open chest wound will exhibit **ONE OR MORE** of the following signs and symptoms:

- A "sucking" or "hissing" sound when the casualty inhales
- Difficulty breathing
- A **puncture wound** of the chest
- Froth or bubbles around the injury
- Coughing up blood
- Blood-tinged sputum (spit)



Open Pneumothorax

MARCH

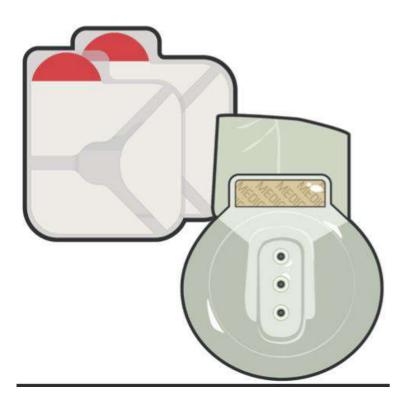
REMEMBER:

- If you are **not sure** if the wound has **penetrated** the chest wall completely, **treat the wound** as though it were an **open chest wound**
- If multiple wounds are found, treat them in the order in which you find them





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC VENTED CHEST SEALS



- Vented chest seals are for treating penetrating wounds to the chest
- Vented chest seals allow air to escape out of the chest while non-vented chest seals do not
- The injured lung will remain partially collapsed, but the mechanics of respiration will be better





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC VENTED AND NONVENTED CHEST SEALS

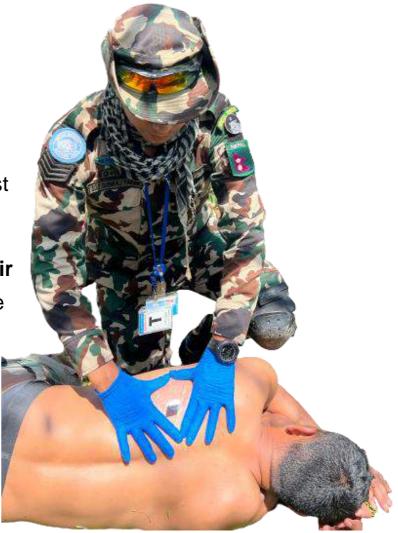
MARCH

Recommended treatment for **open** or **sucking** chest wounds is **prompt application** of a vented chest seal:

- If vented chest seal is NOT available, a nonvented chest seal should be used
- Vented chest seals allow air to escape out of the chest while nonvented chest seals do not
- When the casualty inhales, the plastic should be sucked against the wound, **preventing the entry of air**
- When the casualty exhales, trapped air should be able to escape from the wound and out the valve

MONITOR the casualty **closely** and if their condition MA RR C H **worsens**, you should **suspect a tension pneumothorax**

Treat this by burping or temporarily removing the dressing







RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC POSITION AFTER OCCLUSIVE DRESSING TREATMENT

• If the casualty is unconscious, place the casualty in the recovery position



 If the casualty is conscious, allow the casualty to adopt the sitting position if breathing is more comfortable







RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC CHEST SEAL

CHEST SEAL

Video can be found on DeployedMedicine.com





SKILL STATION

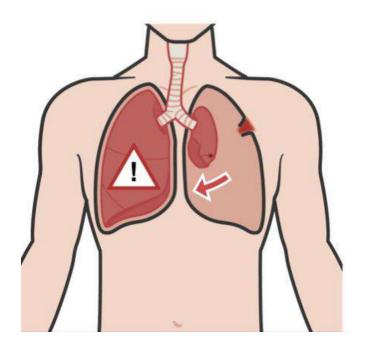
Respiration (Skill)

Chest Seal





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC TENSION PNEUMOTHORAX



- A tension pneumothorax is the second-leading cause of preventable deaths on the battlefield
- As a tension pneumothorax develops, air enters the chest cavity **through the wound WITH EVERY BREATH**
- Injured lung tissue acts as a one-way valve, TRAPPING more and more air between the lung and the chest wall

PRESSURE BUILDS UP AND COMPRESSES BOTH LUNGS AND THE HEART





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC CONSIDER TENSION PNEUMOTHORAX IN TACTICAL FIELD CARE



Caused by **SIGNIFICANT TORSO TRAUMA** or primary blast injury followed by **severe/progressive respiratory distress** (a respiratory rate **>20 breaths per minute**)

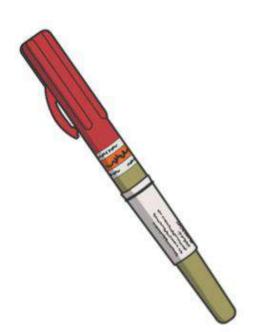
 The recommended treatment of suspected tension pneumothorax is Needle Decompression of the Chest (NDC)







RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC UNSUCCESSFUL TREATMENT OR RECURRENCE OF TENSION PNEUMOTHORAX



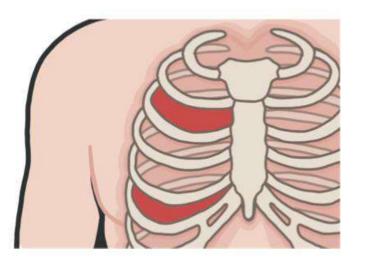
- Burp the chest seal if one is in place
- If initial NDC does not result in improvement, a second NDC should be attempted at the alternate recommended site
- If tension pneumothorax initially responds to NDC, but symptoms later recur, then repeat NDC at the same site right beside the original NDC
- If no improvement is noted with the second NDC, proceed with circulation assessment and treatment following the MARCH protocol

DO NOT put NDC through a chest seal! **Use alternate site instead**





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC NDC SITE SELECTION



- Site selection is based on the mechanism of injury AND physical findings
- Use either the second (A) or fifth (B) intercostal space (either is preferred)
- If the needle is used at the second intercostal space,
 ensure the site selection is OUTSIDE the nipple line





RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC POSITION AFTER NDC TREATMENT

- If the casualty is unconscious, place the casualty in the recovery position
- If the casualty is conscious, allow the casualty to adopt the sitting position if breathing is more comfortable









RESPIRATION ASSESSMENT AND MANAGEMENT IN TFC NEEDLE DECOMPRESSION OF THE CHEST

NEEDLE DECOMPRESSION OF THE CHEST

Video can be found on DeployedMedicine.com





SKILL STATION

Respiration (Skill)

• Needle Decompression of Chest (NDC)

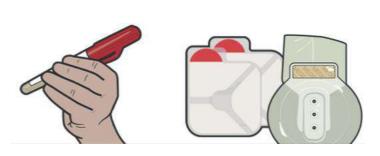




SUMMARY

- We **identified** the **signs and symptoms** of an open pneumothorax
- We discussed the treatment options for an open pneumothorax
- We identified the signs and symptoms of a tension pneumothorax
- We **discussed** the treatment for a tension pneumothorax
- Both types of chest injuries (sucking chest wounds and tension pneumothorax) WILL REQUIRE advanced evaluation by medical personnel and evacuation
- Tension pneumothorax is a **PREVENTABLE cause of death**









CHECK ON LEARNING

- What is a tension pneumothorax?
- How should you treat an open chest wound?
- What should you do if you suspect a casualty has a tension pneumothorax?





ANY QUESTIONS?





AIRWAY AIRWAY MANAGEMENT

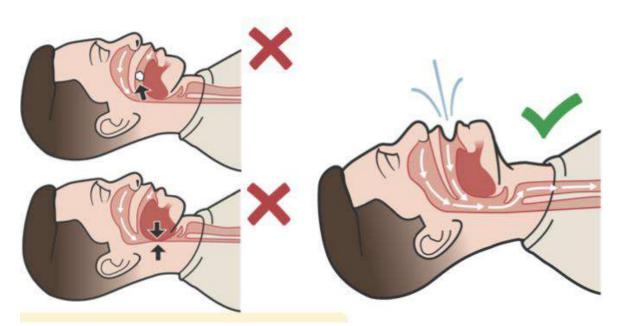


- Airway obstruction on the battlefield is often due to maxillofacial trauma
- If the casualty is breathing on their own but **unconscious** or **semi-conscious**, and there is no airway obstruction, further airway
- management is achieved through a Nasopharyngeal Airway (NPA)
- **Unconscious** casualties can also lose their airway as the muscles of their tongue may have relaxed, causing the tongue to block the airway by sliding to the back of the mouth and covering the opening to the windpipe





IDENTIFYING AN OBSTRUCTED AIRWAY



IMPORTANT! Remove any visible objects, obstructing the airway, but do not perform a blind finger sweep

MARCH

SIGNS AND SYMPTOMS AIRWAY MAY BE BLOCKED:

- Casualty is in distress and indicates they can't breathe properly
- Casualty is making snoring or gurgling sounds
- Visible blood or foreign objects are present in the airway
- Maxillofacial trauma (severe trauma to the face) is observed

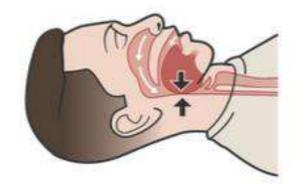




OPENING THE AIRWAY

IN A CASUALTY WITHOUT A FOREIGN BODY AIRWAY OBSTRUCTION, YOU CAN PERFORM THE FOLLOWING MANEUVERS:

Unconscious casualty's tongue may have relaxed, causing the tongue to BLOCK the airway by sliding to the back of the mouth and covering the opening to the windpipe



If you suspect that the casualty has suffered a neck or spinal injury, use the jaw-thrust method

HEAD-TILT CHIN-LIFT

JAW THRUST





M A R C H





AIRWAY MANAGEMENT

HEAD-TILT/CHIN-LIFT AND JAW-THRUST MANEUVER

HEAD-TILT/CHIN-LIFT AND JAW-THRUST MANEUVER

Video can be found on DeployedMedicine.com





SKILL STATION

Airway (Skills)

- Head-Tilt/Chin-Lift
- Jaw-Thrust Maneuver





OPENING THE AIRWAY MANAGING THE AIRWAY

IF the casualty is breathing on their own but unconscious or semi-conscious AND there is no airway obstruction, further airway management is best achieved with a nasopharyngeal airway (NPA)

An **NPA** can be used on a **conscious** or **unconscious** casualty to help open/maintain an open airway

H dire once its

DO NOT attempt to insert an NPA if there is clear fluid coming from the nose or ears. This may be cerebrospinal fluid (CSF) and may be an indication of possible skull fracture.







AIRWAY MANAGEMENT **NPA HOW-TO VIDEO**

NASOPHARYNGEAL AIRWAY

Video can be found on DeployedMedicine.com





MAINTAINING THE AIRWAY CASUALTY POSITIONING

- If a casualty **can breathe on their own**, let them assume the best position that allows them to breathe, including sitting up
- If a casualty can breathe on their own in a position of choice, DO NOT force them into a position or perform airway procedures that causes them difficulties in breathing







MANAGING THE AIRWAY

MAINTAINING THE AIRWAY/RECOVERY POSITION



Casualties with **severe facial injuries** can often protect their own airways by sitting up and leaning forward



Assist a **conscious** casualty by helping them assume **any position** that **ALLOWS THEM TO BREATH EASILY**, **including sitting up**

For an **unconscious** casualty not in shock, place them into the **RECOVERY POSITION**



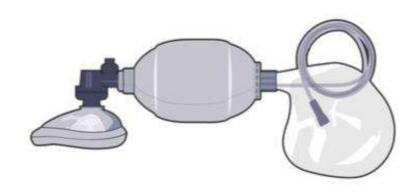




CASUALTY UNABLE TO BREATHE ON THEIR OWN

- Medical personnel may ask you to assist them in ventilating a patient using a bag valve mask (BVM)
- If respirations are noted to be reduced, provide ventilator support with BVM ventilations
- A BVM is a device that can assist a casualty with breathing (ventilation) if they are NOT breathing adequately on their own









MANAGING THE AIRWAY BAG VALVE MASK (BVM)

ONE & TWO-PERSON BAG VALVE MASK (BVM) VIDEO



Video can be found on DeployedMedicine.com

- Ventilations can be performed alone or with two people working together
- The mask is sealed over the casualty's mouth so that air doesn't escape
- Squeeze **firmly** for 1-2 seconds and 5-6 seconds apart

MARCH





SKILL STATION

Airway (Skills)

- Recovery Position
- Nasopharyngeal Airway (NPA)
- One-Person Bag Valve Mask (BVM)/Two-Person BVM





SUMMARY

- We identified
- We opened
- We maintained and managed
- For casualties in which airway positioning and/or nasopharyngeal airways **DO NOT** successfully maintain an open airway, notify medical personnel IMMEDIATELY









CHECK ON LEARNING

- What is the best position for a conscious casualty who is breathing on their own?
- Why are casualties placed in the recovery position?
- What are the two methods that can be used to open an airway?
- How does an NPA provide an open (patent) airway?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 09: CIRCULATION / HEMORRHAGE CONTROL





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T10 Given a combat peacekeeping or non-combat peacekeeping scenario, perform haemorrhage control during Tactical Field Care in accordance with UN TCCC Guidelines

EO59 Identify the principles of wound packing and applying pressure bandages

EO60 Demonstrate wound packing and applying a pressure bandage

EO61 Identify progressive strategies, indications, and limitations of controlling external hemorrhage in Tactical Field Care

EO62 Identify the signs, symptoms, and considerations of a pelvic fracture





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment



More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





TACTICAL FIELD CARE

DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / **H**EAD INJURIES





HEMORRHAGE CONTROL IN TFC

HEMORRHAGE CONTROL IN TACTICAL FIELD CARE

Video can be found on DeployedMedicine.com



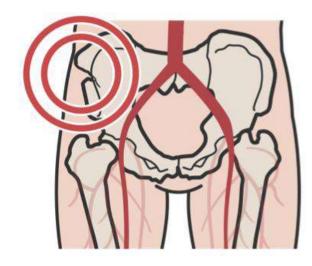


HEMORRHAGE CONTROL PELVIC FRACTURES

Pelvic fracture may be **suspected** if the casualty's injuries are a result of blunt force or blast with **ONE OR MORE** of the following:

Physical signs suggesting a pelvic fracture:

- Pelvic pain
- Major lower limb amputation OR lower near amputations
- Deformities, penetrating injuries, bruising near the pelvis
- Pelvic instability or crepitus (crinkly or grating feeling or sound under the skin)
- Unconsciousness or shock



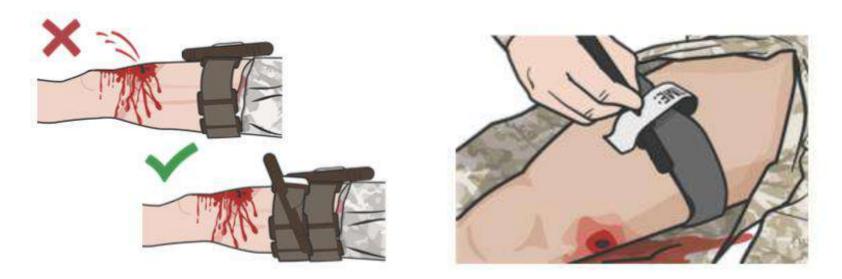
If a pelvic fracture is **suspected**, the casualty **WILL REQUIRE** advanced evaluation by **medical personnel**





HEMORRHAGE CONTROL

- Reassess all PREVIOUS and CURRENT hemostatic dressings applied and ensure they are tight and effective
- If **ineffective**, apply a **second TQ side-by-side** with the first
- Reassess all PREVIOUS and CURRENT hemostatic dressings applied for effectiveness
- If you placed a TQ above a casualty's elbow, for instance, you should expect to *find no pulse* at the wrist below if the TQ was properly applied



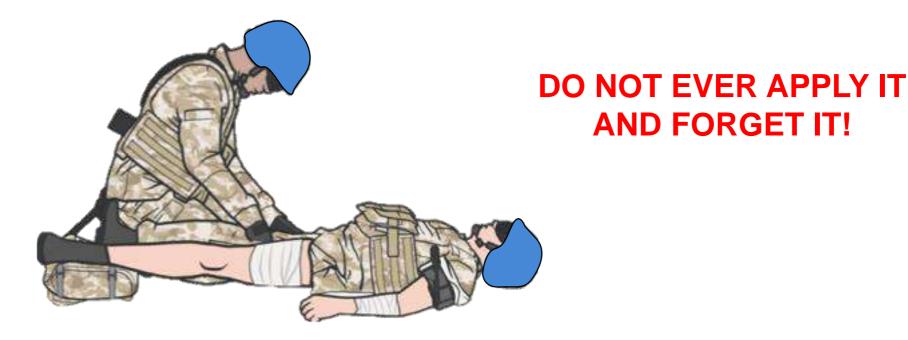




HEMORRHAGE CONTROL STRATEGIES AND LIMITATIONS

EARLY CONTROL OF SEVERE HEMORRHAGE IS CRITICAL

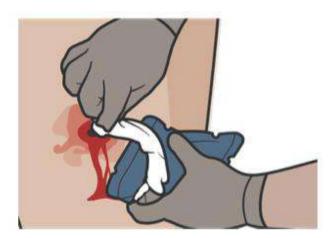
- UN TCCC recommended hemostatic dressings are to be applied directly to the skin in TFC 2-3 inches above the bleeding site
- Casualty's hemorrhage control interventions must be FREQUENTLY REASSESSED to ensure continued hemorrhage control



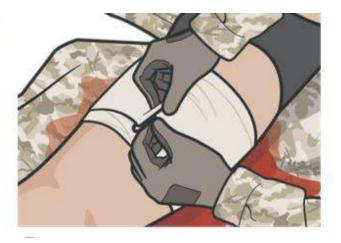




HEMORRHAGE CONTROL WOUND PACKING AND PRESSURE DRESSING







- Identify the exact source of bleeding
- **Pack** the wound

Apply direct pressure for 3 MINUTES

- Secure the bandage
- If the bandage has a pressure bar, pull the bandage TIGHT, and reverse it back over the top of the pressure bar, forcing it down onto the pad





HEMORRHAGE CONTROL WOUND PACKING

KEEP PRESSURE

- Identify the exact source of bleeding and APPLY direct pressure as a temporary measure UNTIL gauze is placed
- Pack the wound maintaining CONSTANT direct pressure at the source of bleeding within
 90 SECONDS to be effective



- HOLD direct pressure on the gauze over the wound for at least 3 MINUTES (this is necessary, even with the active ingredient in hemostatic dressings)
- When packing a large wound, more than one hemostatic gauze and/or additional gauze may be needed
- Carefully observe to determine if bleeding has been controlled



Once you are sure the bleeding has **stopped**, apply a pressure bandage

3 MINUTES





HEMORRHAGE CONTROL PRESSURE BANDAGE REASSESSMENT



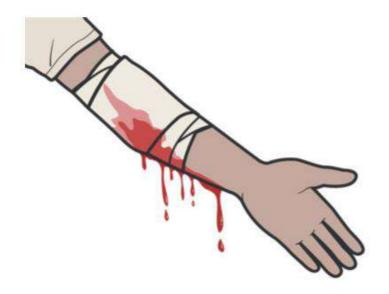
Key Points:

- Check for circulation BELOW the pressure bandage by feeling for distal pulse (a pulse below the bandage)
- If the skin BELOW the pressure bandage becomes cool to the touch, bluish, or numb, or if the pulse below the pressure dressing is no longer present, the pressure bandage may be too tight
- If circulation is **BLOCKED** or **STOPPED**, **loosen** and retie the bandage
- Dressings and bandages should be reassessed and checked routinely and EVERY TIME a casualty is moved





HEMORRHAGE CONTROL IF THE PRESSURE BANDAGE IS INEFFECTIVE



- If the pressure bandage or hemostatic dressing is ineffective, APPLY a hemostatic dressing 2-3 inches above the bleeding site
- If the pressure bandage is ineffective AND/OR blood soaked, REPLACE pressure dressing with hemostatic dressing
- Pack the wound, maintaining CONSTANT direct pressure at the source of bleeding within 90 SECONDS to be effective





PRESSURE BANDAGE

PRESSURE BANDAGE

Video can be found on DeployedMedicine.com





SKILL STATION

Circulation/Hemorrhage Control (Skills)

 Wound Packing with Hemostatic Dressing and Pressure Bandage





SUMMARY

- If not already done, **clearly mark ALL TQs** with the **time** of TQ application and document that on the **Casualty Card**
- Check for radial pulse
- Assess for shock













CHECK ON LEARNING

- During Circulation in the MARCH PAWS sequence, what interventions should be reassessed?
- What are the signs and symptoms of a pelvic fracture?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 10: SHOCK RECOGNITION





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T11 Describe shock assessment in Tactical Field Care in accordance with UN TCCC Guidelines

EO63 Identify the signs, symptoms, and management steps of shock in a trauma casualty with life-threatening bleeding

EO64 Identify the importance of level of consciousness and radial pulse as indicators of shock in Tactical Field Care





TACTICAL FIELD CARE

DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / **H**EAD INJURIES





SHOCK RECOGNITION

SHOCK RECOGNITION

Video can be found on DeployedMedicine.com





CIRCULATION/SHOCK SHOCK

Shock is inadequate blood flow to body tissues.
 Inadequate blood volume inside the circulatory system results in inadequate oxygen delivery to the body's cells



 As cells cease to function, tissues cease to function, then organs cease to function, and eventually the whole body will fail and DEATH follows

IMPORTANT CONSIDERATIONS:

Shock will lead to the casualty's death if not quickly recognized and treated





CIRCULATION/SHOCK SHOCK

MARCH

- Caused by a decrease in the amount of blood volume circulating in the casualty's blood circulatory system
- Shock can have many causes low blood volume or hypovolemia (dehydration or blood loss), low blood pressure (massive infection), heart failure, or neurologic damage
- Usually caused by severe bleeding, but it can also be caused by severe burns (second- and third-degree burns on 20 percent or more of the body surface)
- On the battlefield, assume shock is from severe blood loss (also called hemorrhagic shock)

Hemorrhagic shock can result in the casualty's **death**







CIRCULATION/SHOCK GENERAL INDICATORS OF SHOCK

SIGNS AND SYMPTOMS OF SHOCK INCLUDE:

- Mental confusion
 - Rapid breathing
 - Sweaty, cool, clammy skin
 - Pale/grey skin

- Weak or absent radial pulse
- Nausea
- Excessive
- Thirst
- Previous severe bleeding







CIRCULATION/SHOCK GENERAL INDICATORS OF SHOCK

IMPORTANT Indicator:

Mental confusion

IMPORTANT Indicator:

 Weak or absent radial pulse





As previously stated, shock will lead to the casualty's **death** if not quickly recognized and treated







CIRCULATION/SHOCK GENERAL INDICATORS OF SHOCK



Blood Volume	Blood Loss	Signs/Symptoms	Effect/Outcome
4 liter bottles full, 1 bottle1/2 empty	500cc	Possible increased HR	Usually no effects
4 liter bottles full, 1 empty	1000cc	Radial pulse >100 Breathing probably normal	Unlikely to die from this amount of loss
31/2 bottles full, 11/2 empty	1500cc	Change in mental status Weak radial pulse >100 Increased respirations	Still unlikely to die
3 bottles full, 2 empty	2000cc	Confusion and lethargy Very weak radial pulse >120 High respiratory rate >35	Very possibly fatal if not managed
21/2 bottles full and 21/2 bottles empty	2500cc	Unconscious No radial pulse, carotid pulse, HR >140 Respirations > 35	Fatal without immediate and rapid interventions







CIRCULATION/SHOCK

PREVENT SHOCK BY CONTROLLING BLEEDING

#1- Reassess to confirm all bleeding control measures are still effective

Ensure TQs and pressure dressings remain tight

Check radial pulse



DO NOT WAIT for signs and symptoms of shock to occur

- It is better to prevent shock with hemorrhage control than to treat it
- If shock is present, though, the most critical first step is to control the bleeding
- Internal bleeding from chest or abdominal trauma may not be controllable, and shock may develop later, so continuously assess the casualty
- Medical personnel will provide other treatments, but you can save them time if extremal bleeding is controlled







CIRCULATION/SHOCK

ASSESS/MONITOR FOR HEMORRHAGIC SHOCK

- Assess for signs and symptoms of shock as soon as hemorrhage is controlled, the airway is open, and respirations have been managed
- The best indicators of shock are a decreased state of consciousness (if casualty has not suffered a head injury) and/or an abnormal, weak, absent radial pulse
- Assess for hemorrhagic shock (altered mental status in the absence of brain injury and/or weak or absent radial pulse)
- Reassess/monitor for changes in the level of consciousness by checking for alertness or responsiveness to verbal or physical stimulation







SHOCK RECOGNITION REASSESS



Level of consciousness

Check casualty every 15 minutes for AVPU
 Alertness - Knows who, where they are
 Verbal - Orally responds to verbal commands
 Pain - Level of pain felt when the sternum is
 briskly rubbed with the knuckle (if needed)
 Unconscious - Unresponsive
 Decreasing AVPU could indicate condition worsening



Breathing rate Monitor respirations

- Thoracic trauma may indicate tension pneumothorax (needle decompression of the chest required)
- If a casualty becomes unconscious or their breathing rate drops below two respirations every 15 seconds, insert a nasopharyngeal airway





CIRCULATION/SHOCK SHOCK MANAGEMENT





• Fluids by mouth are permissible if the casualty is conscious and can swallow

 Place casualty in recovery position

• Evacuate the casualty if medical help is not available

Reassess the casualty frequently for the onset of shock





CIRCULATION/SHOCK

HYPOTHERMIA MANAGEMENT

REMEMBER:

Keep the casualty **warm** and prevent hypothermia. Even in **very hot environments**, a casualty in **hemorrhagic shock** (blood loss) is at **EXTREME risk for hypothermia**

 Place a poncho or blanket under the casualty to protect from the temperature or dampness of the ground



 Cover the casualty with a survival blanket or other available materials to keep them warm and dry







SUMMARY

IMPORTANT Indicator:

Mental confusion

IMPORTANT Indicator:

 Weak or absent radial pulse

- We **defined** shock
- We identified indicators of shock
- We discussed **prevention measures** for shock
- We discussed the **management** of shock
- We introduced hypothermia







CHECK ON LEARNING

- What is shock?
- What are the best indicators of shock?
- What is the most important action to prevent hemorrhagic shock?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 11: HYPOTHERMIA PREVENTION





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T12 Given a combat peacekeeping or non-combat peacekeeping scenario, perform hypothermia prevention measures on a trauma casualty during Tactical Field Care in accordance with UN TCCC Guidelines

EO65 Identify the progressive strategies, indications, and limitations of hypothermia prevention of a trauma casualty in Tactical Field Care

EO66 Demonstrate active external warming hypothermia prevention measures on a trauma casualty

EO67 Identify passive hypothermia prevention measures on a trauma casualty





TACTICAL FIELD CARE

DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / HEAD INJURIES





HYPOTHERMIA PREVENTION HYPOTHERMIA



- Hypothermia is the decrease in body temperature
- Even a small decrease in body temperature can interfere with blood clotting and increase the risk of bleeding to death
- Casualties in shock are unable to generate body heat effectively
- Hypothermia is a problem for casualties with haemorrhagic shock, even with warm, ambient temperatures

IMPORTANT CONSIDERATIONS:

A lower body temperature may not be an indicator of hypothermia; it may be due to exposure to a cold environment





HYPOTHERMIA PREVENTION HYPOTHERMIA PREVENTION



- Minimize the casualty's exposure to the elements
- Keep protective gear on or with the casualty if feasible
- Replace wet clothing with dry, if possible



You can better **prevent** hypothermia by getting the casualty onto an insulated surface as soon as possible





HYPOTHERMIA PREVENTION HYPOTHERMIA PREVENTION

Get the casualty onto an insulated surface as soon as possible.

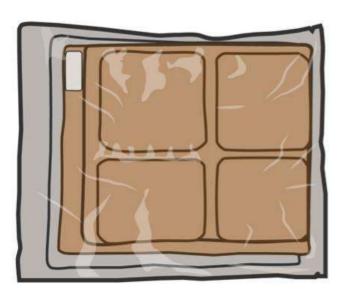


- Hypothermia is much easier to prevent than to treat
- Begin hypothermia prevention as soon as possible
- Decreased body temperature interferes with blood clotting and increases the risk of bleeding
- Blood loss can cause a significant drop in body temperature, even in hot weather





HYPOTHERMIA ACTIVE HYPOTHERMIA PREVENTION



Your medical personnel will distribute the active hypothermia blankets based on unit mission and load

- Active hypothermia blankets are activated when their heating elements are exposed to air
- Active hypothermia blankets are applied to a casualty who cannot generate their own heat, but not directly on their skin because the activated blankets can cause burns





HYPOTHERMIA ACTIVE HYPOTHERMIA PREVENTION

Apply the active warming blanket from the active hypothermia blanket to the casualty's torso (not directly on the skin), and cover the casualty with the passive hypothermia shell



KEY POINTS:

- If an active hypothermia blanket is not available, a combination of the passive warming blanket and an active warming blanket may also be used
- Active hypothermia treatment uses heating sources to warm the casualty
- Oxygen levels at higher altitudes may not be enough to sustain the chemical reaction required to generate heat





HYPOTHERMIA PASSIVE HYPOTHERMIA PREVENTION



Passive hypothermia materials provide heating by:

- Keeping the casualty's body heat contained in the passive material
- Keeping the casualty off the ground





HYPOTHERMIA PASSIVE HYPOTHERMIA PREVENTION

Place a poncho or blanket under the casualty to protect them from the temperature or dampness of the ground



- Passive hypothermia prevention does not reverse the hypothermic process
- If no rewarming equipment is available, then use dry blankets, poncho liners, sleeping bags, or anything that will retain heat and keep the casualty dry
- Keep the casualty off the ground

MARCH

KEY POINTS:

- Blood loss can cause a significant drop in body temperature, even in hot weather
- Wrap the entire blanket-like shell (or passive heating materials) completely around the casualty, including the head
- Do not cover the face





HYPOTHERMIA PREVENTION VIDEO

HYPOTHERMIA PREVENTION

Video can be found on DeployedMedicine.com





SKILL STATION

Hypothermia (Skill)

• Active/passive external warming hypothermia prevention





SUMMARY

- We defined hypothermia
- We discussed active hypothermia management/prevention
- We discussed passive hypothermia management/prevention



KEY POINTS:

- Passive hypothermia prevention DOES NOT reverse the hypothermic process
- Active hypothermia, when at high altitudes, may not be enough to sustain the chemical reaction required to generate heat





CHECK ON LEARNING

- Why is it important to keep a trauma casualty warm even if it is a hot environment?
- What is the difference between active and passive hypothermia management?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 12: HEAD INJURIES





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T13 Identify a head injury in accordance with UN TCCC Guidelines

EO68 Identify external forces that can cause a head injury

EO69 Identify signs and symptoms of a head injury

EO70 Identify the critical observations that should be reported to medical personnel for trauma casualties with a suspected head injury in accordance with the Military Acute Concussive Evaluation 2 (MACE 2).





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment



More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





TACTICAL FIELD CARE

DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / HEAD INJURIES





HEAD INJURIES

POTENTIAL MECHANISMS OF HEAD INJURY

Head injury is trauma to the scalp, skull, and/or brain

- Involvement in a vehicle **blast event, collision**, or rollover
- Presence within **50 METERS of a blast (inside or outside)**
- A direct blow to the head or witnessed loss of consciousness
- Exposure to **more than one blast event** (the Service member's commander will direct a **medical evaluation**)



OTHER EXTERNAL FORCES MAY ALSO LEAD TO HEAD INJURIES





HEAD INJURIES

SIGNS AND SYMPTOMS OF HEAD INJURY

IED Checklist

Injury	Physical damage to the body or body part of a Service member?	(Yes/No)
Evaluation	H – Headaches and/or vomiting?	(Yes/No)
	E – Ear ringing?	(Yes/No)
	A - Amnesia, altered consciousness, and/or loss of consciousness?	(Yes/No)
	D – Double vision and/or dizziness?	(Yes/No)
	S – Something feels wrong or is not right?	(Yes/No)
Distance	Was the Service member within 50 meters of the blast? Record the distance from the blast.	(Yes/No) Not Applicable





HEAD INJURIES

SIGNS AND SYMPTOMS REQUIRING MACE 2* EVALUATION BY MEDICAL PERSONNEL

Evaluations are **most effective** when done **as soon as possible** after the injury. **Traumatic brain injury (TBI)** is likely if the casualty shows signs of **ANY** of the following:

- Deteriorating level of consciousness
- Double vision
- Increased restlessness; combative or agitated behavior
- Repeat vomiting
- Results from a structural brain injury detection device (if available)
- Seizures
- Weakness or tingling in arms or legs
- Severe or worsening headache







SUMMARY

- We **defined** head injury
- We discussed mechanisms of injury
- We discussed **signs and symptoms**
- We identified critical observations to report to higher medical personnel





CHECK ON LEARNING

- What external forces can cause a head injury?
- What are the critical observations that should be reported to medical personnel for trauma casualties with a suspected head injury, in accordance with MACE 2?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 13: EYE INJURIES





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T14 Given a combat peacekeeping or non-combat peacekeeping scenario, perform assessment and initial treatment of penetrating eye trauma during Tactical Field Care in accordance with UN TCCC Guidelines

EO71 Identify basic care of an eye injury in accordance with UN TCCC GuidelinesEO72 Demonstrate the application of a rigid eye shield to a trauma casualty in Tactical Field Care





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment



More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





TACTICAL FIELD CARE

DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / HEAD INJURIES





EYE INJURIES OVERVIEW

EYE INJURIES

Video can be found on DeployedMedicine.com

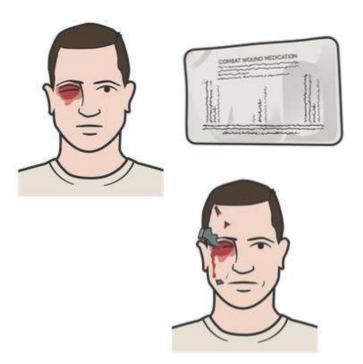




EYE INJURIES

WHEN TO SUSPECT A PENETRATING EYE INJURY

- 1. Bleeding surrounding the eye, inside the eyeball; or coming from the eyeball
- 2. Obvious penetration of shrapnel or debris into the eyeball or eye socket
- 3. Protruding objects from the globe of the eyeball
- 4. Swelling or lacerations of the globe of the eyeball
- 5. Protrusion of the globe of the eyeball from the eye socket
- 6. Reduced vision and swelling of the eye area
- 7. Misshapen or distorted parts of the eye







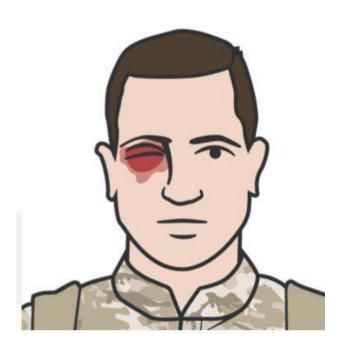
EYE INJURIES

IF A PENETRATING EYE INJURY IS NOTED OR SUSPECTED

- 1. Perform a rapid field test of visual acuity and document findings
- 2. Cover the affected eye with a rigid eye shield (NOT a pressure patch)

REMEMBER

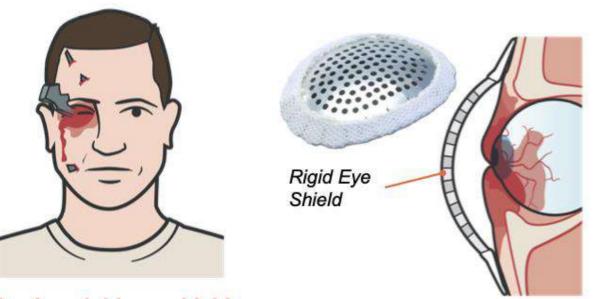
• All treatments performed must be documented in the casualty's Cas Card







EYE INJURIES PROTECTING THE EYE



Apply a rigid eye shield

 When penetrating eye trauma due to shrapnel is suspected, it is critically important to prevent manipulation or additional trauma to the eye that might cause further damage to the eye

IMPORTANT! DO NOT APPLY PRESSURE

- Avoid/prevent manipulation or additional trauma to the eye that might cause further damage
- Pressure on the eye could force the interior contents of the eye out of the eyeball through a cut or laceration



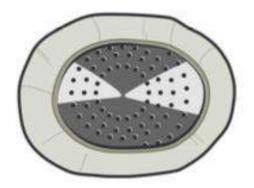


EYE INJURIES APPLYING RIGID EYE SHIELD

The rigid eye shield is found in BFAK; if eye shield is not available, use casualty's tactical eyewear to protect the injured eye

Secure the rigid eye shield with tape at 45-degree angles across the forehead and cheek

Do **NOT** cover both eyes unless both eyes are injured



REMEMBER

- Rigid eye shields should be placed over both eyes only when you are sure or at least strongly suspect that both eyes have been injured
- If the casualty is conscious, request Medic assistance for administration of the WMP







EYE INJURIES DOCUMENT TREATMENT



- Document all assessments and treatment on the Casualty Card
- Be sure to include any medications administered and the time administered





APPLYING THE RIGID EYE SHIELD

RIGID EYE SHIELD APPLICATION

Video can be found on DeployedMedicine.com





SKILL STATION

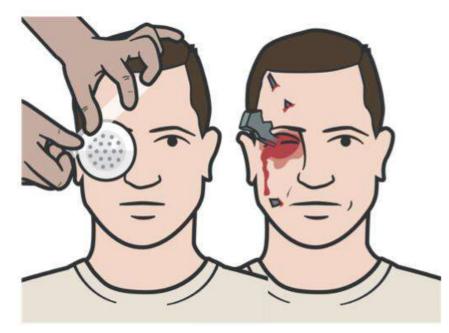
Rigid Eye Shield (Skills)

• Rigid Eye Shield

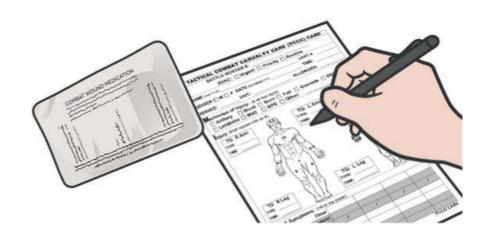




SUMMARY



- We identified eye injuries
- We discussed eye injury **treatment**
- We discussed **applying** an eye shield
- We discussed **documentation**







CHECK ON LEARNING

- What kind of dressing should be used on penetrating eye trauma with an impaled object?
- True or False: Protecting the injured eye with an eye shield is just as safe as using a patch or a pressure dressing.
- True or False: Only the injured eye should be covered with an eye shield.





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 14: ANALGESICS AND ANTIBIOTICS





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T15 Given a combat peacekeeping or non-combat peacekeeping scenario, recommend analgesia administration during Tactical Field Care in accordance with UN TCCC Guidelines

EO73 Assist Medic to identify the indications and considerations of the analgesia approaches in Tactical Field Care

EO74 Assist Medic to identify the indications, contraindications, and administration methods of acetaminophen in Tactical Field Care

EO75 Assist Medic to Identify the indications, contraindications, and administration methods of analgesics (pain medications) in Tactical Field Care

EO76 Assist Medic in administration of a Wound Medication Pack in Tactical Field Care

T16 Given a combat peacekeeping or non-combat peacekeeping scenario, assist Medic to perform antibiotic administration during Tactical Field Care in accordance with UN TCCC Guidelines

E077 Assist Medic to identify the evidence and considerations for early antibiotic administration in Tactical Field Care

EO78 Assist Medic to identify the indications, contraindications, and administration methods of antibiotics in Tactical Field Care





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment



More deliberate assessment and treatment of unrecognized lifethreatening injuries:

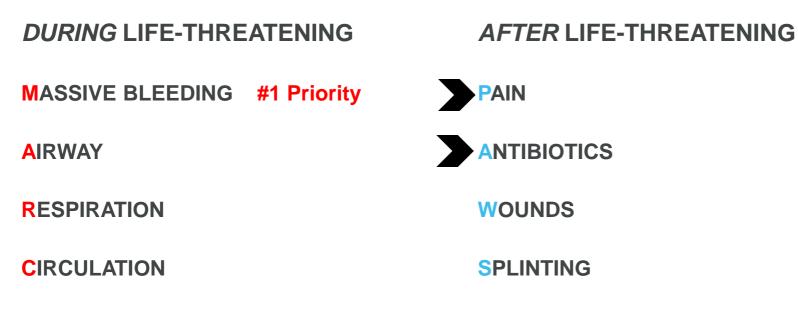
- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





TACTICAL FIELD CARE



HYPOTHERMIA / HEAD INJURIES





PAIN MEDICATION & ANTIBIOTIC ADMINISTRATION EXAMPLE OF A WOUND MEDICATION PACK (WMP)

COMB	AT WOUND MEDIC	CATION
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WMP

- Found in Medics kit
- Contains medication taken by mouth
- Document all medications administered (and time given) on UN Casualty Card





PAIN MEDICATION & ANTIBIOTIC ADMINISTRATION

WMP PAIN MANAGEMENT CONSIDERATIONS

Examples of pain medication (#1 and #3) antibiotic (#2)



1

acetaminophen pain management



2

moxifloxacin antibiotic



3

meloxicam anti-inflammatory





ANALGESIA ADMINISTRATION OVERVIEW

ANALGESIA ADMINISTRATION FMA may ONLY assist a Medic

- Remember other methods of pain control:
- Splinting
- Wound dressing
- Burn covering
- Distraction and reassurance

Video can be found on DeployedMedicine.com





ANTIBIOTICS OVERVIEW

ANTIBIOTICS ADMINISTRATION FMA may ONLY assist a Medic

Video can be found on DeployedMedicine.com





PAIN MEDICATION & ANTIBIOTIC ADMINISTRATION **WOUND MEDICATION PACK**

- Mild to moderate pain
- Casualty is still able to fight
- Casualty should take all three medications in WMP

COMBAT WOUND MEDICATION PACK

Video can be found on DeployedMedicine.com

Fractures



- Burns
 - Eye Injuries

Note: If casualty has wounds or pain severe enough to render them unable to fight, the Medic has other options to treat pain

These meds will generally require that the casualty be disarmed, as they can result in the alteration of a casualty's mental status





PAIN MEDICATION & ANTIBIOTIC ADMINISTRATION WHEN TO ASSIST THE MEDIC TO GIVE WMP



GIVE

- Conscious and able to swallow
- Has mild to moderate pain
- Is still able to fight if needed
- Has penetrating wounds or break in the skin



Note: If the casualty has a break in the skin resulting from a traumatic injury, the casualty should take the WMP; otherwise, consult with Medic before taking

DON'T GIVE

- Unable to swallow or take oral meds (unconscious or severe facial trauma/burns)
- Known allergies

Refer to Medic if unconscious





SKILL STATION

Analgesia/Antibiotics(Skills)

• WMP





SUMMARY



- Only a Medic may administer drugs assisted by FMA
- Battlefield wounds can be very dirty and susceptible to infection; early administration of antibiotics may reduce the chance of later infections
- Wound infections can kill the casualty or delay their recovery
- WMP should be given ASAP for wounds after lifethreatening issues have been addressed

WMP should be given for any penetrating wounds





CHECK ON LEARNING

- FMA may give drugs?
- True or False: The WMP contains pain medication and antibiotics.
- How should the WMP be taken?
- Who should take the WMP?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 15: WOUND MANAGEMENT





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T17 Given a combat peacekeeping or non-combat peacekeeping scenario, perform assessment and initial management of wounds during Tactical Field Care in accordance with UN TCCC Guidelines

EO79 Identify wound management considerations in Tactical Field CareEO80 Demonstrate application of wound dressings on a trauma casualty in Tactical Field Care





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment



More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





TACTICAL FIELD CARE



IFOTHERWIA / HEAD INJURIES





CONTINUED REASSESSMENT

Once applied, continue to check the casualty's hemorrhage control interventions and wound management; do not apply and forget about it!

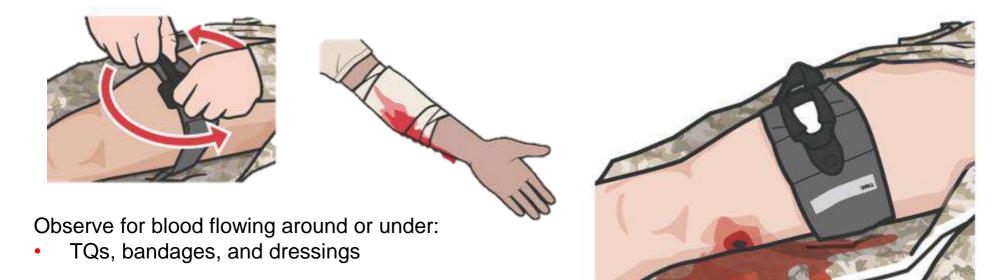
All wounds must be **FREQUENTLY REASSESSED** to ensure continued hemorrhage control

BLEEDING IS THE #1 CAUSE OF PREVENTABLE DEATH ON THE BATTLEFIELD





CONFIRM ALL WOUNDS ARE ACCOUNTED FOR



If bleeding has not been controlled:

- Tighten the TQ
- Tighten the pressure bandages
- Redress the wounds

 Reassess prior life-threatening wounds to ensure bleeding is still controlled

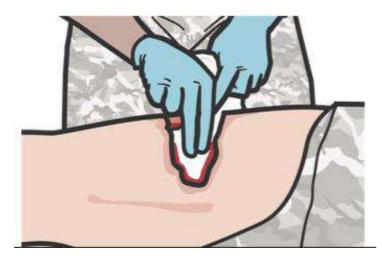
WATCH FOR REBLEEDING!





TREAT FOR RE-BLEEDING

- Pack any wounds that continue to bleed with hemostatic dressing
- Once applied (with pressure for 3 minutes), carefully observe for blood continuing to flow from under the gauze to determine if bleeding has been controlled
- Once you are sure the bleeding has stopped, apply a pressure bandage over the hemostatic dressing

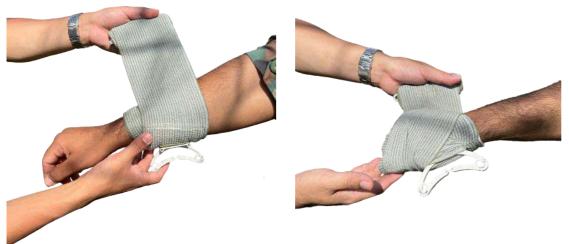


ALWAYS REASSESS TREATMENT!





DRESSINGS AND BANDAGES FOR MINOR WOUNDS



Dress any previously untreated wounds by applying (or packing) gauze with direct pressure

- Non-life-threatening bleeding usually does not need hemostatic dressings
- If no dressings or gauze are available, use clean dry cloth (torn clothing, cravats, etc.)

Minor wounds include:

- Minor lacerations
- Abrasions (road rash)

This includes major wounds that are no longer bleeding, such as:

- Amputation stumps
- Gunshot wounds that required TQ
- Major lacerations
- Shrapnel wounds (still in place)
- Impaled objects





REASSESS APPLIED BANDAGES

Assess all applied bandages for:

- Increased pain
- Pale or bluish skin
- Pulse

This might indicate an emergency!

Ensure the applied bandage **isn't too tight**; loosen as needed while keeping the bleeding controlled

DO NOT EVER APPLY IT AND FORGET IT!



MARCH PAWS





SKILL STATION

Wound Management (Skill)

Wound dressing





SUMMARY

- We defined reassessment
- We discussed re-bleeding
- We discussed treatment for minor wounds
- We discussed reassessing bandages











CHECK ON LEARNING

- Why should all dressed wounds be continuously reassessed?
- When should minor wounds be addressed?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 16: BURN TREATMENT





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T18 Given a combat peacekeeping or non-combat peacekeeping scenario, perform assessment and initial treatment of burns during Tactical Field Care in accordance with UN TCCC Guidelines

EO81 Identify the specific scene safety issues and actions required of a trauma casualty with burns, before evaluation and care of the casualty

EO82 Identify the severity of burn in accordance with the conventional burn classification

EO83 Identify how to estimate the body surface area burned using the Rule of Nines

EO84 Demonstrate the application of a dry dressing to a burn casualty in accordance with UN TCCC guidelines

EO85 Demonstrate techniques used to prevent heat loss in a severe burn casualty in accordance with UN TCCC guidelines





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment



More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





TACTICAL FIELD CARE







BURN CARE FOLLOW MARCH PAWS

- Address ALL OTHER life-threatening injuries using the MARCH PAWS sequence
- All trauma treatments can be performed on or through burned skin

Remember

• A burned trauma casualty is a trauma casualty first





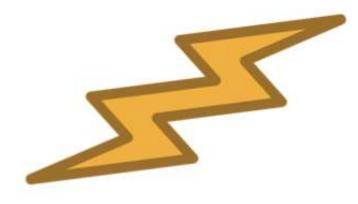


BURN CARE POTENTIAL CAUSES









- Secure the power, if possible; otherwise, remove the casualty from the electrical source using a nonconductive object, such as a wooden stick
- Move the casualty to a safe place

IN CASE OF ELECTRICAL INJURY







Stop the source of the burn

 Cut clothing around the burned area and gently lift away

If clothing is stuck to the burn, ensure you cut around the clothing and leave it in place

IN CASE OF THERMAL INJURY

 Be sure to avoid grabbing the burned area while moving/picking up the casualty







IN CASE OF CHEMICAL INJURY

EXAMPLE

White phosphorus

SOURCE

 Commonly found in tank rounds, mortar rounds, artillery rounds

TREATMENTS

- Submerse the burned area in water
- Apply wet barrier (water-soaked gauze, clothing, mud, etc.) with an occlusive dressing
- Advise medical personnel
 immediately





BURNS OVERVIEW

BURNS

Video can be found on DeployedMedicine.com





SEVERITY OF BURN

BURNS ARE CLASSIFIED BY THE DEPTH OF THE WOUND







SUPERFICIAL 1ST-DEGREE BURNS

are just like a sunburn, with a reddened appearance of the skin

PARTIAL THICKNESS 2ND-DEGREE BURNS

will also have blisters

FULL THICKNESS 3RD-DEGREE BURNS

may appear dry, stiff, and leathery, and/or can also be white, brown, or black





BURN ESTIMATION

Rule of Nines

11 areas that each have 9% body surface area

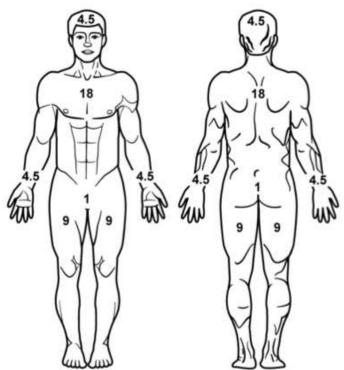
(head, arms, front and backs of legs, and front and back of the torso having TWO 9% areas)

- Palm size represents ~1%
- Estimate/round up to nearest 10

If half of the front or rear area is burned, the area would be half of the area value

ESTIMATION EXAMPLE

- Half of the front upper/lower leg is 4.5%
- Half of the front upper/lower torso is 9%







BURN CARE



REMOVE watches and jewelry from burned area



COVER the burn area with dry, sterile dressings



COVER burns from **white phosphorus** with **wet** dressings





BURN MANAGEMENT

BURN CARE + HYPOTHERMIA PREVENTION



For extensive burns (>20%),

consider using **active** warming supplies to cover the burned areas and prevent hypothermia

Passive Warming Supplies



- Burn patients are particularly susceptible to hypothermia
- Extra emphasis should be placed on barrier heat loss prevention methods

Facial Burns

- Facial burns, especially those that occur in closed spaces, may be associated with inhalation injury
- These casualties should be monitored closely for potential airway issues
- DO NOT place NPA in casualty with signs of inhalation burns





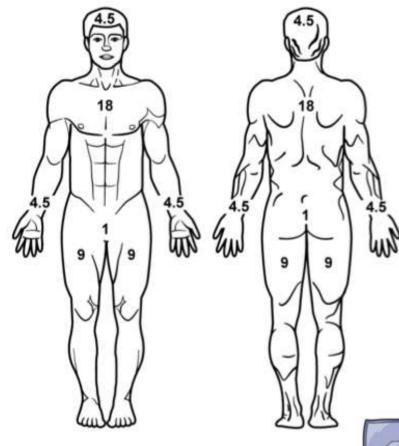
SKILL STATION

Burn Treatment (Skill)

Burn dressing







SUMMARY

- We discussed **treatment priorities**
- We discussed **potential causes** of burns
- We identified electrical burns
- We identified thermal burns
- We identified chemical burns
- We discussed the Rule of Nines
- We discussed burns and hypothermia
- We discussed the prevention of hypothermia









CHECK ON LEARNING

- What kind of dressing should be placed on burned areas?
- What should you do first when you encounter a casualty with an electrical burn?
- What should you do first when you encounter a casualty with a thermal burn?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 17: FRACTURES





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T19 Given a combat peacekeeping or non-combat peacekeeping scenario, perform assessment and initial management of fractures during Tactical Field Care in accordance with UN TCCC Guidelines

EO86 Identify signs of a suspected fracture

EO87 Demonstrate the basic care of fractures in accordance with TCCC Guidelines

EO88 Demonstrate proper splint application using a malleable rigid or improvised splint to a suspected fracture in Tactical Field Care





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment



More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





TACTICAL FIELD CARE

DURING LIFE-THREATENING	AFTER LIFE-THREATENING
MASSIVE BLEEDING #1 Priority	PAIN
AIRWAY	ANTIBIOTICS
RESPIRATION	WOUNDS
CIRCULATION	SPLINTING

HYPOTHERMIA / **H**EAD INJURIES





FRACTURES ASSESS FOR A FRACTURE



CLOSED FRACTURE

No open wound (break in skin) for closed fracture



OPEN FRACTURE

Open fracture open wound (break in skin) major threat for infection

WARNING SIGNS OF A FRACTURE:

- Significant pain and swelling
- An audible or perceived "snap"
- Different length or shape of limb
- Loss of pulse or sensation in the injured arm or leg
- Crepitus (hearing a crackling or popping sound under the skin)





FRACTURES

OBJECTIVES OF SPLINTING

A splint is used to prevent movement and hold an injured arm/leg in place to:

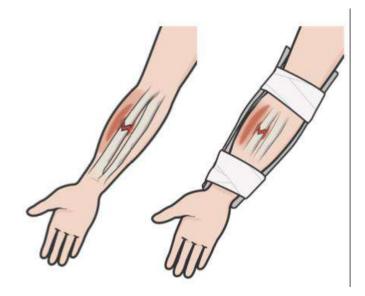
- Identify the location of the fracture
 NOTE: Have the casualty or someone else manually stabilize the area
- 2. Check the distal pulse (pulse below the fracture) and capillary refill (color returning to the nail bed after pressing on it) on the injured extremity before applying the splint
- Prepare the splint materials for application
 NOTE: Measure and shape the splint on the opposing uninjured extremity
- 4. Prepare securing materials (cravats, elastic wraps/bandages, etc.)
- Apply the splint to the injured extremity with the limb, in the position of function (a normal resting position), if possible
 NOTE: If possible, lightly pad all voids within the splint to make it more comfortable
- 6. Secure the splint in place with appropriate materials
- 7. Ensure the joints above and below the fracture are immobilized in the splint whenever possible
- 8. Recheck the distal pulse following application of the splint. If the pulse is not palpable, loosen the splint, reposition, and reapply the splint
- 9. Refer to the Medic to administer the pain medications (from the Wound Medication Pack) as needed and the antibiotic for any open fracture(s)
- 10. Document all treatment on a Casualty Card and attach it to the casualty





FRACTURES PRINCIPLES OF SPLINTING

- Check for other associated injuries
- Use malleable or rigid materials
- Try to pad all voids or wrap if using rigid splint
- Secure splint with elastic bandage, cravats, belts, tape
- Try to splint before moving the casualty
- Minimize manipulation of the extremity before splinting
- Incorporate one joint above and below the fracture
- Splint arm fractures to the shirt using the sleeve, if needed
- Check distal pulse and skin color before and after splinting







THINGS TO AVOID WHEN SPLINTING

- Manipulating the fracture site too much resulting in pain, additional damage to blood vessels and nerves, etc.
- Securing too tightly, cutting off blood flow
- Failing to immobilize joint above and below fracture when possible
- Causing further injury
- Making casualty uncomfortable during transport/evacuation
- Splinting near or over a wound that has not be properly treated

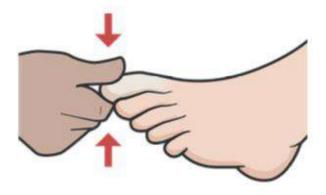




GUIDELINES FOR LEG SPLINTS







Identify the location of the fracture

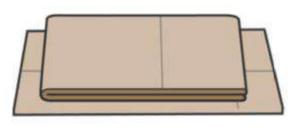
Before applying the splint, **CHECK** distal pulse (pulse below the fracture) **CHECK** capillary refill (color returning to the nail bed after pressing on it) on the injured extremity before applying the splint

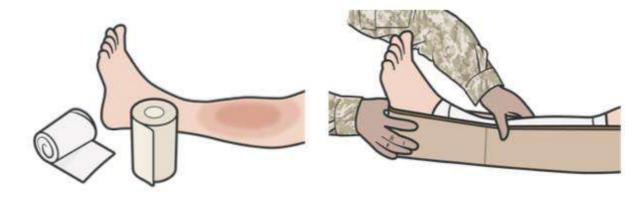
Have the casualty or someone else manually stabilize the area





GUIDELINES FOR LEG SPLINTS





PREPARE the splint materials for application

PREPARE securing materials (cravats, elastic wraps/ bandages, etc.) **APPLY** the splint to the injured extremity with the limb, in the position of function, a normal resting position, if possible

Measure and shape the splint on the opposing uninjured extremity





FRACTURES

GUIDELINES FOR LEG SPLINTS



SECURE the splint in place with appropriate materials



ENSURE the joints above and below the fracture are immobilized in the splint whenever possible



RECHECK the distal pulse following application of the splint

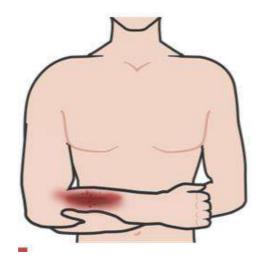
If the pulse is **not** palpable, loosen the splint, reposition, and reapply





GUIDELINES FOR ARM SPLINTS

Splinting the arm is the same concept as splinting a leg with the following exceptions:



If possible, have casualty support their injury while preparing equipment Mold padded splint using casualty's unaffected limb



Use two triangular bandages to secure limb to body

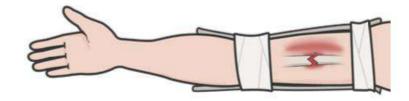
Use third triangular bandage; place under injured arm and around neck to help support injured limb





GUIDELINES FOR ARM SPLINTS





- Check for signs of impaired circulation
- Apply a sling to immobilize the forearm
- Apply a swathe to immobilize the upper arm
- Place two cravats above the fracture site and two below the fracture site (preferred)





SPLINTING AN ARM

SPLINTING (TACTICAL FIELD CARE)

Video can be found on DeployedMedicine.com





SKILL STATION

Splinting (Skill)

• Splinting





SUMMARY

- The most important aspect of splinting is to splint in a way that does not harm the nerves or blood vessels in the splinted extremity
- **Before** and **after** splinting, **assess** the following:



CIRCULATION Check pulses distal to the splint (between splint and end of limb)



MOTOR

Ask the casualty to move the body parts distal to the splint, e.g., fingers or toes



SENSORY

See if the casualty can feel a gentle touch on the body parts distal to the splint



AFTER SPLINTING Document all assessment and treatment on the Casualty Card





CHECK ON LEARNING

- True or False: When applying a splint, ensure the joints above and below the fracture are immobilized in the splint whenever possible.
- What should you assess before and after splinting?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 18: CASUALTY MONITORING





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T20 Given a combat peacekeeping or non-combat peacekeeping scenario, perform monitoring of a trauma casualty during Tactical Field Care in accordance with UN TCCC Guidelines

EO89 Identify the methods to assess level of consciousness, pulses, and respiratory rate on a trauma casualty in Tactical Field Care

EO90 Demonstrate assessment of radial/carotid pulse and respirations in a trauma casualty in Tactical Field Care





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment



More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





CASUALTY MONITORING ASSESSMENT USING MARCH PAWS

Re-bleeding

MARCH

Management

MARCH

MASSIVE BLEEDING

AIRWAY

Check for re-bleeding on any previous treatments

Ensure airway remains open and unobstructed

Reassess casualty every 5–10 minutes for change in status until handoff with medical personnel





CASUALTY MONITORING ASSESSMENT USING MARCH PAWS (CONT.)

Breathing Rate	Pulse	Level of Consciousness
MARCH	MARCH	MARCH
RESPIRATION BREATHING		HYPOTHERMIA HEAD INJURIES

- Document any changes in status on the casualty's Cas Card.
- If medical personnel arrive in the middle of reassessment, stop and hand off casualty immediately





CASUALTY MONITORING LEVEL OF CONSCIOUSNESS

 Check every 15 minutes (or if seriously wounded every 5–10) for decrease in AVPU:

Alert

Verbal

Pain

Unconscious

- This could indicate condition worsening
- If casualty is not **ALERT**, indicating decreased mental status, the casualty should not have weapons or communications equipment







AVPU ASSESSMENT HOW-TO

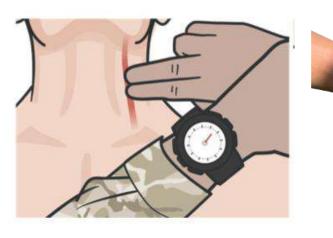
AVPU ASSESSMENT (TACTICAL FIELD CARE)

Video can be found on DeployedMedicine.com





CASUALTY MONITORING CHECKING PULSE





CAROTID (neck) If casualty status is noted to be deteriorating when assessed, reassess using the MARCH PAWS sequence

RADIAL (wrist) No radial pulse is an indicator of shock

ASSESSING RADIAL & CAROTID PULSE

Video can be found on DeployedMedicine.com

IMPORTANT CONSIDERATIONS

Measure the number of felt heartbeats in 1 MINUTE and record on Casualty Card





CASUALTY MONITORING CHECKING RESPIRATIONS

LOOK, LISTEN and FEEL FOR RESPIRATIONS

- If a casualty becomes unconscious or their breathing rate drops below 8 respirations within 1 MINUTE, insert a nasopharyngeal airway
- Assess for tension pneumothorax and treat as necessary
- Perform needle decompression in the presence of tension pneumothorax
- Reassess to confirm that needle decompression of the chest (NDC) was successful







SKILL STATION

Casualty Monitoring Concepts (Skills)

- Level of consciousness
- Radial pulse
- Carotid pulse
- Tibial pulse



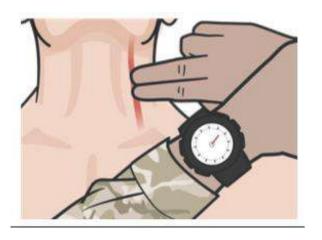


SUMMARY

LOOK, LISTEN and FEEL FOR RESPIRATIONS

- We discussed assessment using MARCH PAWS
- We discussed levels of consciousness
- We discussed checking for pulse
- We discussed checking respirations













CHECK ON LEARNING

• How is a casualty monitored after the MARCH PAWS sequence has been executed?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 19: PRE-EVACUATION PROCEDURES





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T21 Given a combat peacekeeping or non-combat peacekeeping scenario, perform preevacuation procedures during Tactical Field Care in accordance with UN TCCC Guidelines

EO91 Identify the importance of and techniques for communicating casualty information with evacuation assets and/or receiving facilities
EO92 Identify the information requirements and format of an evacuation request
EO93 Identify the recommended evacuation prioritization for peacekeeping casualties
EO94 Demonstrate the communication of evacuation request information and modified medical information report requirements

T22 Given a combat peacekeeping or non-combat peacekeeping scenario, perform documentation of care during Tactical Field Care in accordance with UN TCCC Guidelines

EO95 Identify how to document casualty information on the Casualty Card and the proper placement of that card on the casualty.

EO96 Demonstrate the proper documentation of care on a trauma casualty in Tactical Field Care





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment

YOU ARE HERE

More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!





PRE-EVACUATION COMMUNICATION



Communicate with the casualty if possible

- Encourage
- Reassure
- Explain care each step of the way



Communicate immediately with tactical leader for

- Status
- Evac requirements
- Casualty treatment

COMMUNICATE WITH EVACUATION AND MEDICAL ASSETS

- Communicate with evacuation system to coordinate EVAC using 4-Line CASEVAC request
- Keep the Casualty Card up to date





COMMUNICATE RELEVANT CASUALTY DATA



Document all assessment and medical care (including interventions and medications) on the Casualty Card



Communicate with evacuation system:

- 4-Line CASEVAC request
 - MIST Report Mechanism of injury Injuries
 - **S**ymptoms
 - Treatment
- Relay the information following your standard operating procedures (SOPs)

HANDOFF WITH MEDIC OR CASEVAC

- When handing off the casualty to the Medic or CASEVAC, provide the Casualty Card, including any additional information as needed
- MIST report
- May change as the casualty status and interventions performed change
- Conveys additional evacuation information that may be required by
- Helps better prepare peacekeeping commanders receiving facility





REQUESTING EVACUATION OF CASUALTIES

- Although the Field Medical Assistant is not a medical person, they may need to initiate the medical evacuation request
- Depending on the tactical situation and available assets, the casualty may be evacuated by CASEVAC

CASEVAC

Movement of a casualty from Point of Injury to a Medical Treatment Facility







MEDEVAC REQUEST KEY POINTS

9-LINE MEDEVAC / MIST REPORT

Video can be found on DeployedMedicine.com

BE AWARE: This video demonstrates the TCCC 9-LINE MEDEVAC. The UN equivalent is the 4-LINE CASEVAC.

- **Every** UN member must be prepared to transmit a CASEVAC request
- A CASEVAC request is NOT a direct medical communication with medical providers, but a means of communicating evacuation requirements so aircraft resources can be launched as needed
- Gather **all** information needed **before** initiating transmission
- Use appropriate and mandated communications security and brevity codes when transmitting a CASEVAC request in accordance with the operational plan





4-LINE: CASEVAC REQUEST LINES 1-4

(4 Line Format)

E	UN CASEVAC 4-LINE ALERT MESSAGE				
ine	DTG:				
1	LOCATION AND CALL SIGN	PLACE NAME / DESCRIPTION	A		
		GPS GRID REFERENCE	В		
		CALL SIGN OF INCIDENT SITE COMMANDER	c		
2	INCIDENT DETAILS	WHAT HAS HAPPENED? (Shooting, road accident, explosion etc).	D		
		HOW MANY CASUALTIES ARE THERE?	E		
3	ACTIONS BEING TAKEN AT SCENE	TREATMENT BEING GIVEN AND PREPERATIONS FOR EVACUATION			
4	RESOURCES REQUIRED AT SCENE TO TREAT AND EVACUATE PATIENT	GROUND AMBULANCE, AIR EVACUATION, AMET			





SKILL STATION

Communication and Documentation (Skills)

• 4-Line & Mist Report





CASUALTY CATEGORIES

Ground medical personnel will determine EVAC categories of casualties EXAMPLES:

URGENT	URGENT SURGICAL	PRIORITY	ROUTINE	CONVENIENCE
<2 hours to save life, limb, or eyesight	<2 hours to nearest surgical unit	<4 hours or could deteriorate to urgent	<24 hours	Not a medical necessity
Tourniquets Corrected haemorrhage Traumatic Brain Injuries (TBIs)	Needle Decompression of the Chest (NDCs) Cricothyroidotomy Major internal bleeding Massive head trauma	Compensated shock Broken arm with loss of distal pulse 2nd-degree burns to a large portion of the abdomen or extremities	Abrasions Cardiac arrest Small fractures Frostbite 2nd-/3rd-degree burns >70% of body surface area (BSA)	Used for administrative purposes for casualty movement





OVER-CATEGORIZATION

OVER-CATEGORIZATION: the tendency to classify a wound or injury as being more severe than it actually is

Historically **AND** currently problematic

Proper casualty categorization is needed to ensure that those casualties in greatest need are evacuated first and receive the care required to help ensure their **survival**

Casualties will be picked up as soon as possible, consistent with available resources and pending missions

A. Urgent: <2 hours to save life, limb, or eyesight

- B. Urgent Surgical: <2 hours to nearest surgical unit
- C. Priority: <4 hours or could deteriorate to urgent
- D. Routine:<24 hours
- E. Convenience: not a medical necessity





COMMUNICATE

- 1. WITH THE CASUALTY Encourage, reassure, and explain care
- 2. WITH TACTICAL LEADERSHIP

Provide leadership with the casualty's status and location

3. WITH MEDICAL PERSONNEL

Discuss with the responding medics the casualty's injuries and symptoms, as well as any medical aid provided

DOCUMENT

- **1. CASUALTY ASSESSMENT FINDINGS**
- 2. MEDICAL AID RENDERED
- **3. CHANGES IN CASUALTY STATUS**

MIST Report is generated from Cas Card





SKILL STATION

Communication and Documentation (Skill) - Cas Card





SUMMARY

- We discussed the 4-Line and MIST Reports
- We discussed **requesting** an **evacuation** of a casualty
- We identified over-categorization
- We identified **key information** to relay to tactical leadership







CHECK ON LEARNING

- With whom do you communicate in a casualty situation?
- What information does the MIST Report contain?
- Who should complete the Casualty Card?
- Where can you find the Casualty Card?





ANY QUESTIONS?





FIELD MEDICAL ASSISTANTS COURSE (FMAC)

MODULE 20: EVACUATION PROCEDURES





UNITED NATIONS TACTICAL COMBAT CASUALTY CARE (UN TCCC) ROLE-BASED TRAINING SPECTRUM

ROLE 1 CARE

NONMEDICAL PERSONNEL

- Buddy First Aid
- Field Medical Assistant

You are HERE

MEDICAL PERSONNEL

- Paramedic
- Nurse
- Doctor





STUDENT LEARNING OBJECTIVES TERMINAL LEARNING OBJECTIVE

T23 Given a combat peacekeeping or non-combat peacekeeping scenario, prepare casualties for evacuation during Tactical Field Care in accordance with UN TCCC Guidelines

EO97 Identify considerations and fundamental procedures for staging casualties for evacuation
 EO98 Identify the importance of pre-mission evacuation equipment preparation and rehearsals
 EO99 Identify considerations and precautions required for evacuating casualties with suspected spinal injuries
 EO100 Identify critical actions and checks to prepare casualties for evacuation

EO101 Identify methods of litter selection and evacuation equipment in Tactical Field Care

EO102 Identify considerations for evacuating ambulatory/walking wounded casualties in Tactical Field Care

EO103 Demonstrate the preparation of a casualty for evacuating in Tactical Field Care

EO104 Identify the importance and information considerations of a casualty After Action Review (AAR) submission





Three PHASES of UN TCCC

1 CARE UNDER FIRE

2 TACTICAL FIELD CARE

COVER AND

CONCEALMENT

3 TACTICAL EVACUATION CARE

RETURN FIRE AND TAKE COVER

Quick decision-making:

- Consider scene safety
- Identify and control lifethreatening bleeding
- Move casualty to safety

Basic Management Plan:

- Maintain tactical situational awareness
- Triage casualties as required
- MARCH PAWS assessment

YOU ARE HERE

More deliberate assessment and treatment of unrecognized lifethreatening injuries:

- Pre-evacuation procedures
- Continuation of documentation

NOTE: This is covered in more advanced UN TCCC training!

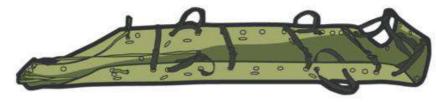




EVACUATION PROCEDURES IMPORTANT ACTIONS (IN THIS MODULE)

SECURE ITEMS





CHOOSE AND PREP LITTER







PACKAGE CASUALTY FOR EVACUATION





EVACUATION PROCEDURES SECURE CASUALTY'S EQUIPMENT





Secure the casualty's weapon and equipment in accordance with unit SOP or mission requirements Clear and render safe any weapons evacuated with the casualty

Do not evacuate explosives with the casualty if possible

Keep in mind that receiving medical personnel may not be familiar with the equipment or have a way to secure it





EVACUATION PROCEDURES EVAC EQUIPMENT



Prepped by unit personnel while treatment continues

Coordinate other EVAC activities

Do not delay getting casualties onto litters

Hypothermia is better prevented off the ground

Easier to move casualty on litter



Keep necessary medical equipment with the casualty (Ex: BVM)



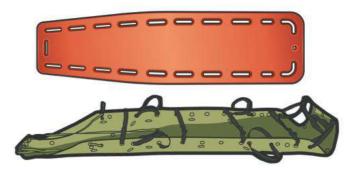


EVACUATION PROCEDURES

LITTERS



- Casualty movement is easier using litters
- Use best position for care and comfort
- You **DO NOT** have to place casualty on back
- For casualties with spinal injuries, keep spinal column as straight as possible
- CASUALTY MUST BE SECURED
 before movement



- Select litter based on mission or unit
- Consider and train according to operating environment:
 - Equipment
 - Movement
 - Rehearse litter open/setup/carry





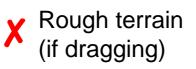
EVACUATION PROCEDURES





Compact/lightweight transport system

Lightweight



- Two-peacekeeper carry
- Draggable by one peacekeeper

Compact quad-folding litter

Small
 Small
 Carrying case
 Carried like a rucksack
 Requires more than one peacekeeper
 May not fit in evacuation vehicle





EVACUATION PROCEDURES PACKAGE THE CASUALTY



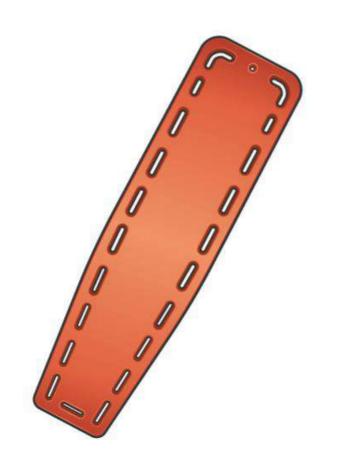
- Secure loose ends of bandages, medical equipment, and hypothermia prevention materials
- During evacuation, loose materials may get caught and cause further injury to casualties or delays
- Prevent items from being blown by rotor wash or becoming entangled with other equipment
- Blankets and hypothermia materials are especially susceptible to becoming entangled
- Secure the casualty to a litter
- Properly secure completed UN Casualty Card





EVACUATION PROCEDURES

EVACUATION CONSIDERATIONS FOR SUSPECTED SPINAL INJURIES



- Events to consider for neck or back injuries: falls, motor vehicle accidents, IEDs, fastroping injuries, etc.
- Ensure cervical (neck) spine (C-spine) immobilization when spinal cord injury is suspected, if possible

Note: Spine board is requested during 4-Line CASEVAC request

 When considering selection of litter (such as standard litters) based on mission and unit, realize that the selected litter may not fit in the given evacuation ground/air vehicle





EVACUATION PROCEDURES WALKING WOUNDED



- Provide instructions/ assistance as needed
- If possible, casualty may assist as a litter bearer/provides security



Guide disoriented / visually impaired casualty's hand-toshoulder to evacuation platform

SELF-CARE

 Instruct casualty to repeatedly check their own wounds and dressings to ensure bleeding remains controlled





EVACUATION PROCEDURES STAGE CASUALTY





- Be prepared for the arrival of the evacuation platform
- Stage the casualties in the loading sequence of the evacuation platform
- Tagging or color-coded chemlights may be used to identify casualty evacuation categories
- Maintain security at the evacuation point in accordance with SOP





EVACUATION PROCEDURES

MEDICAL AFTER ACTION REVIEW (AAR)

The AAR covers the following

- What went right?
- What went wrong?
- What can we do better?
- Lessons learned on the casualties and injuries
- Treatment of casualties and effectiveness during mission

Capturing a good AAR ensures up-to-date medical information, types of casualties, and injury patterns that units might encounter and can train for





SKILL STATION

Evacuation Procedures – Concepts (Skills)

- Staging for evacuation
- Preparing pre-mission evacuation equipment and rehearsing
- Evacuating casualties with suspected spinal cord injuries
- Preparing casualties for evacuation
- Selecting litter and evacuation equipment in TFC
- Evacuating ambulatory casualties in TFC
- Submitting the AAR
- Submitting/handing off the 4-Line CASEVAC report





SUMMARY

- We identified important actions
- We discussed securing casualty equipment
- We discussed evacuation equipment
- We identified litter selections
- We discussed casualty packaging
- We identified spinal injury considerations
- We discussed walking wounded
- We identified staging
- We identified considerations for casualty AAR





CHECK ON LEARNING

- What actions are needed to prepare for evacuation?
- What does casualty staging involve?





ANY QUESTIONS?





TACTICAL TRAUMA ASSESSMENT STUDENT PRACTICE